

The Bethel Citizen

1895

Volume CII - Number 5

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By MICHAEL DANIELS

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The Greenwood department even set a record, of sorts. "I put out 14 loads of sand in 10 hours on Jan. 5. It's the most I've ever put out," he said.

Although the area has had some very cold days, it's been a warmer winter than average on balance.

Jack Brooks of Brooks Bros. in Bethel, a heating oil dealer, said

that while it's difficult to judge the weather based on oil sales, the record of degree days tells the story.

Last week the total degree days since Oct. 1 was 3,530 -- 206 less than last year at this time, when it was 3,736.

A lower figure indicates warmer weather.

"December was warmer than last year -- no question about it," said Brooks.

In Portland, the winter is so far going down as the second warmest on record. The average temperature of 30.2 degrees is six degrees above normal.

At Sunday River Ski Resort, spokesman Jeff Fagan said the mountain's business is doing relatively well considering the weather. "We're not breaking any major records," he said, "but we haven't taken any significant steps backwards. We've been scraping and fighting, and people keep coming."

A big problem so far, said Fagan, has been "convincing people in Portland and Boston that we have snow. The meteorologists have hurt our momentum as much as Mother Nature. We've tried to educate

them to do a mountain weather report because it can be so different."

Portland and Boston have not had snow that stayed on the ground, at least until yesterday (Tuesday).

Ski business also suffers with weather reports at the other end of the temperature scale, Fagan said. On the Saturday of Martin Luther King Day weekend, for instance, "the weathermen said stay inside. But the way skiers dress now they can go out in zero degree weather and be comfortable."

"Skiers said that day the snow conditions were as good as they'd ever seen them," Fagan said.

Tom Remington, manager of the River View Motel/Suites in Bethel, said the cold forecast for the Martin Luther King Day weekend cost him business, too.

"Some people called and said, 'I don't know if I'm going to come,'" said Remington last week. He, like Fagan, felt the meteorologists overstated the impact of the cold on people's outside activities.

Still, Remington said, there's little

See WINTER, page 4



THEIR FORTUNES IMPROVED--Telstar High School's boys' basketball team tailored Friday against Hall-Dale, losing 65-45, but rebounded Saturday and Monday to defeat Leavitt and Livermore Falls. Here, the Rebel's Tim Hebert launches a jump shot against Hall-Dale. (Photo by Alison Aloisio)

Skier dies at Sunday River

By MICHAEL DANIELS

A 73-year-old Cumberland man died Thursday after apparently losing control while skiing Sunday River's Sunday Punch trail.

There were no eyewitnesses to the accident, but investigators believe George Schonewald lost control while skiing an icy stretch of the trail, tumbled over an embankment and slid into the woods, where he hit a number of trees.

His body was found by a passing skier at about 1:40 p.m. Ski patrol members and others who responded to the report attempted to revive Schonewald, but he was pronounced dead shortly after his body was found.

According to Maine State Police Trooper Jeff DeGroot, who investigated the accident, death appeared to be from "massive trauma from when he hit the trees."

Schonewald was described as an experienced skier. Sunday Punch is classified as an intermediate trail.

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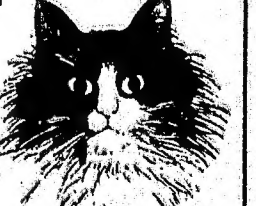
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Obituaries

JEANNINE G. VARUOLO

Jeannine G. Varuolo, 59, of Wilton, died Sunday evening, Jan. 19, 1997, at Franklin Memorial Hospital, following a courageous battle with ALS (Lou Gehrig's) Disease.

She was born in Paris, France, Aug. 14, 1937, the daughter of Michael and Georgette (Grillon) LePage.

She received her education in Long Island schools graduating in 1955 from Babylon High School. She continued her education at State University of New York at New Paltz where she earned her B.S. degree in art education in 1959 and a M.S. in elementary education in 1965. While in college, she was a member of the Clio Sorority.

Her first teaching job was at the Santipogue School of Art in West Babylon, N.Y., from 1959 to 1961. After her marriage, on Aug. 12, 1961, to Joseph C. Varuolo at Deer Park, Long Island, N.Y., she continued teaching at the school as a third-grade teacher. From 1963-1965, she was a first-grade teacher at the Tooker Avenue School.

She later was employed at Farmington Junior High School, where she was a teacher of migrants for one year prior to serving in the Jay Elementary school system as a fifth-grade teacher from 1979 until her early retirement in March 1996 due to ill health.

Her teaching career was highlighted by her acceptance into the Who's Who Among American Teachers in October 1992. This is an honor bestowed on teachers throughout the United States who have made a significant difference in the lives of the students whom

they have taught.

She was a member of the National Education Association, the Maine Teachers Association, and was a past member of the Jay Teachers Association.

She was also a member of the American Association of University Women and was the art editor for their 1976 book, titled "Afoot In Maine." She was a member of St. Mary's Parish Council in Wilton and was a communicant of St. Rose of Lima Church in Jay.

She was also a member and past president of Tyngtown and was a member of the No Name Book Club of Wilton. She had also served as a trustee of Wilton Free Public Library.

Her hobbies included reading, skiing and sailing. She will be remembered for dedicating her time and talent as she shaped young people's minds and value systems.

A dedicated mother and wife, she leaves her husband of 34 years, Joe of Wilton; one daughter, Michele J. Varuolo of Bethel; three sons, Capt. Joseph L. "Jay" Varuolo of Rapid City, S.D., Capt. Michael L. Varuolo of Watertown, N.Y., and John L. Varuolo of Enfield, Conn.

A Mass of Christian Burial will be celebrated Thursday, Jan. 23, at 11 a.m. from St. Rose of Lima Church, Jay. Family and friends are invited to call at the Wiles Funeral Home, 136 High Street, Wilton, Wednesday 2 to 4 and 6 to 8 p.m.

Those who desire may give gifts in her memory to the Wilton Free Public Library, Attn: ADA Access Fund, P.O. Box 454, Wilton, ME 04294. Envelopes available at the funeral home. Winter entombment will be at the funeral home with

spring burial at Lakeview Cemetery, Wilton.

MARGUERITE R. BESSEY

Marguerite Ruth (Hodge) Bessey, 87, of Nezincot Village Apartments, Buckfield, died Sunday, Jan. 19, 1997.

Born at Canton on July 22, 1909, the daughter of Harold and Florence Hodge, she was a resident of Buckfield for the greater portion of her life.

Mrs. Bessey was a graduate of Buckfield High School, attended business college and Farmington Normal School and became a teacher. She was the wife of Leo P. Bessey, who died several years ago.

She contributed many hours of music to the high school and provided her piano talent for many dances and minstrel shows. Continuing her love of music, she gave piano lessons in her home, sharing her love of music with family and friends.

In her later years, Mrs. Bessey was an active member of the Literary Club and the Senior Citizens of Buckfield.

Survivors include three daughters, Jean Foster of South Paris, Sylvia Horton of Owl's Head and Linda Wakefield of West Sumner; two sons, Lawrence of Jay and Paul of Orono; two sisters, Edith Douglas of West Paris and Geneva Gagnon of Buckfield; 15 grandchildren and several nieces and nephews. She was predeceased by a daughter, Elaine; two sons, Richard and Alan; and two sisters, Elizabeth Knight and Hilda Heald.

Funeral services will be held at the Andrews Funeral Home, Buckfield, on Wednesday, Jan. 22, at 2

p.m. with visiting hours from 1 to 2 p.m. prior to the service. Interment will be in the North Buckfield Cemetery in the spring. Friends who wish may make donations in her memory to Buckfield Rescue, P.O. Box 99, Buckfield, ME 04220.

Card of Thanks

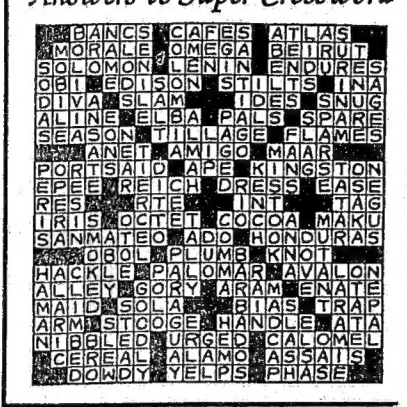
The family of Harris E. Hathaway gratefully acknowledge the kindness extended to them at the time of his passing.

We wish to recognize Tri-Town ambulance service, Dr. Alan Bean, Nurse Mgr. Darlene Glover, and the staff of Stephens Memorial Hospital, Bartlett Hutchinson of Andrews Funeral Home, who "went the extra mile", Rev. Linwood Hanson for his visit and caring service, Bill Seames for making interment possible, Alice Hoyt, Leatrice Chase, and Bessie House for planning and serving the reception.

M&W's flowers added beauty, as the IOOF service added dignity. There was warmth added by the Grange attending in a body.

God bless each of you for your prayers, cards, food, visits, flowers and donations in his memory. Each thing is appreciated and continue to bring comfort and strength. Thank you.

Answers to Super Crossword



Mr. & Mrs. Andy Matczak

Karen Davis and Andy Matczak were united in marriage in a ceremony overlooking the Atlantic Ocean at Stillington Hall in Gloucester, Mass., on Sept. 14, 1996.

The bride is the daughter of Laurel (Brown) and Robert Hickey of Millis, Mass., and Daniel and Evanna Davis of Bethel.

The groom is the son of Norma Cronin of Medfield, Mass., and Edmund C. and Donna Matczak of Jamaica Plains, Mass.

Heather Davis, sister of the bride, was maid of honor and vocalist. Bridesmaids were Shelly (Rice) Douglass of Bethel, Tracy (Twitchell) Milligan of Trumbull, Conn., and Angela Profit of Bellingham, Mass.

David Hand of Medfield, Mass., served as best man. Ushers were Sean Matczak, brother of the groom, Robert Cerullo of Ashland, Mass., and Ted Spender of Medfield.

The couple is now residing in their new home in Bellingham.

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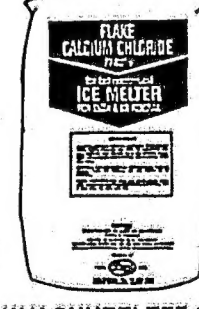
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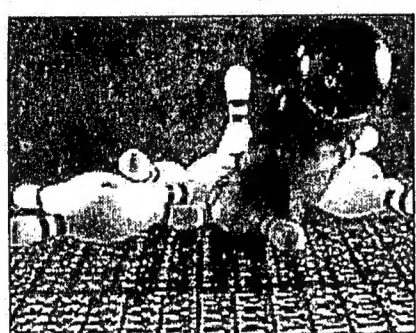
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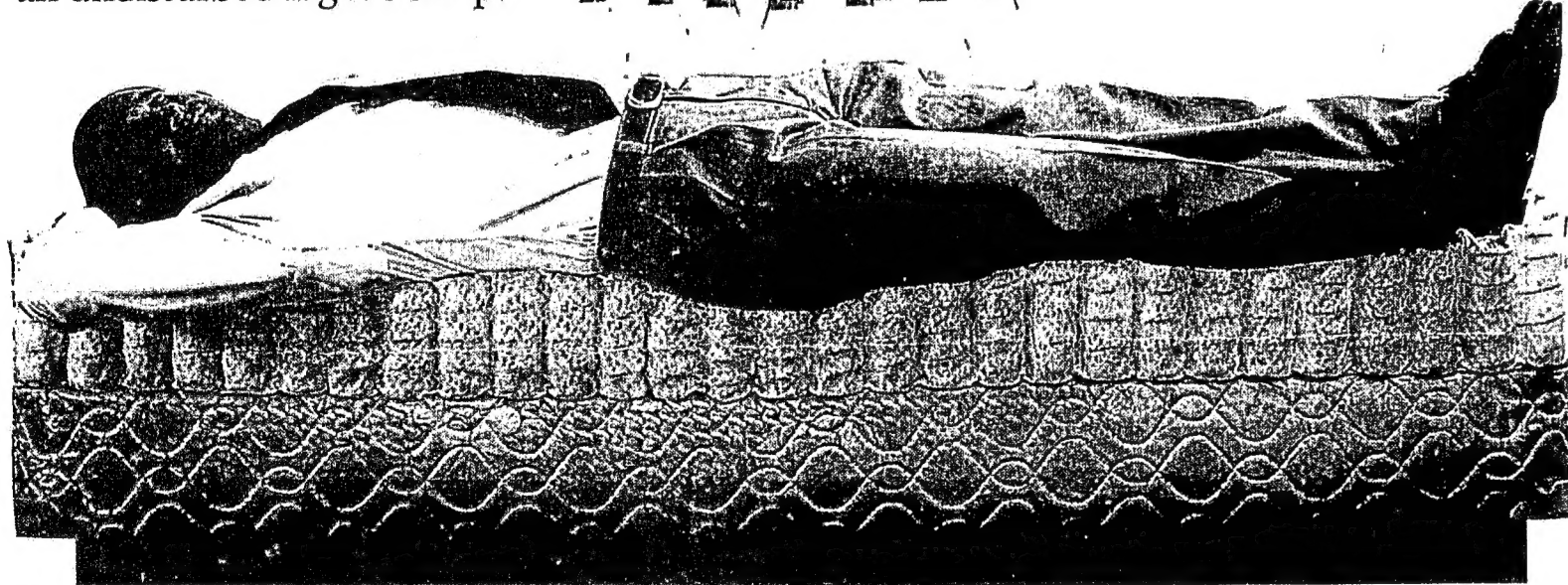
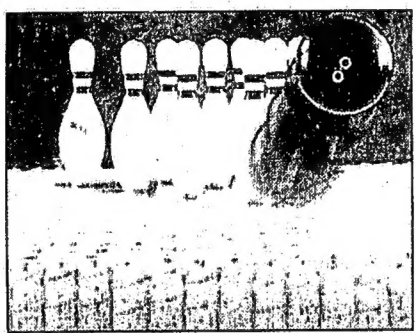
Theirs

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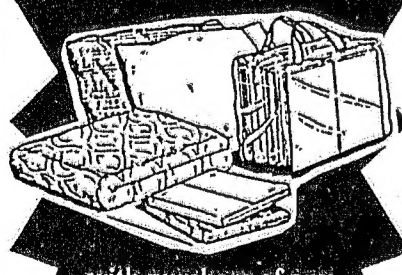


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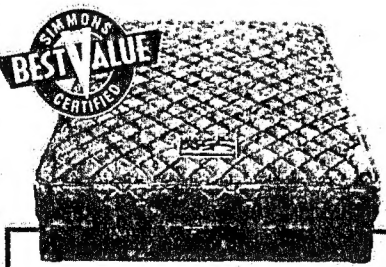
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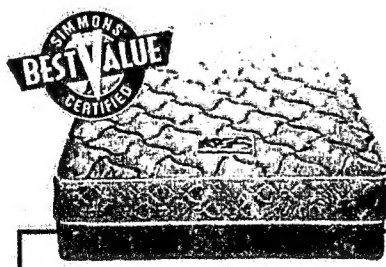
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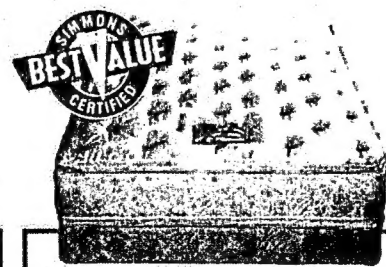
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Although the area has had some very cold days, it's been a warmer winter than average on balance.

Jack Brooks of Brooks Bros. in Bethel, a heating oil dealer, said

that while it's difficult to judge the weather based on oil sales, the record of degree days tells the story.

Last week the total degree days since Oct. 1 was 3,530 -- 206 less than last year at this time, when it was 3,736.

A lower figure indicates warmer weather.

"December was warmer than last year -- no question about it," said Brooks.

In Portland, the winter is so far going down as the second warmest on record. The average temperature of 30.2 degrees is six degrees above normal.

At Sunday River Ski Resort, spokesman Jeff Fagan said the mountain's business is doing relatively well considering the weather. "We're not breaking any major records," he said, "but we haven't taken any significant steps backwards. We've been scraping and fighting, and people keep coming."

A big problem so far, said Fagan, has been "convincing people in Portland and Boston that we have snow. The meteorologists have hurt our momentum as much as Mother Nature. We've tried to educate

them to do a mountain weather report because it can be so different."

Portland and Boston have not had snow that stayed on the ground, at least until yesterday (Tuesday).

Ski business also suffers with weather reports at the other end of the temperature scale, Fagan said. On the Saturday of Martin Luther King Day weekend, for instance, "the weathermen said stay inside. But the way skiers dress now they can go out in zero degree weather and be comfortable."

"Skiers said that day the snow conditions were as good as they'd ever seen them," Fagan said.

Tom Remington, manager of the River View Motel/Suites in Bethel, said the cold forecast for the Martin Luther King Day weekend cost him business, too.

"Some people called and said, 'I don't know if I'm going to come,'" said Remington last week. He, like Fagan, felt the meteorologists overstated the impact of the cold on people's outside activities.

Still, Remington said, there's little

See WINTER, page 4



THEIR FORTUNES IMPROVED—Telstar High School's boys' basketball team faltered Friday against Hall-Dale, losing 65-45, but rebounded Saturday and Monday to defeat Leavitt and Livermore Falls. Here, the Rebel's Tim Hebert launches a jump shot against Hall-Dale.

(Photo by Alison Aloisio)

Skier dies at Sunday River

By MICHAEL DANIELS

A 73-year-old Cumberland man died Thursday after apparently losing control while skiing Sunday River's Sunday Punch trail.

There were no eyewitnesses to the accident, but investigators believe George Schonewald lost control while skiing an icy stretch of the trail, tumbled over an embankment and slid into the woods, where he hit a number of trees.

His body was found by a passing skier at about 1:40 p.m. Ski patrol members and others who responded to the report attempted to revive Schonewald, but he was pronounced dead shortly after his body was found.

According to Maine State Police Trooper Jeff DeGroot, who investigated the accident, death appeared to be from "massive trauma from when he hit the trees."

Schonewald was described as an experienced skier. Sunday Punch is classified as an intermediate trail.

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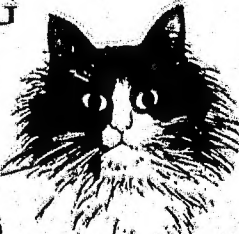
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Letters

FIGHT THE BINGO HALL

To the Editor:

Recently a vast Passamaquoddy Public Relations media blitz announced that the tribe was going ahead with its plans to build a gambling facility in Albany Township. This is an area that borders the White Mountain National Forests and contains the Sebago Lake water shed, which is Portland's source of drinking water.

The article in the Sun-Journal/Sunday referred to the "reservation" in Albany. This land is held in trust by the tribe. As one who was raised in Bangor, and visited the Indian Island reservation in Old Town, I can assure you the Albany land does not qualify as one. Lacking also in Albany is an Indian population.

The attorney claimed that Albany was in close proximity to hotels and restaurants, which is laughable. There is not a restaurant or a hotel in the entire township.

As of this date the tribe has not filed an application with LURC, and according to Jim Carey, Oxford County Commissioner, the meeting they had with the commissioners was merely an informational meeting.

This is not even an Indian issue. This is just another attempt by organized gambling to exploit a remote area with no regard for its natural environment. For their investment they receive over 40 percent of all profits.

Residents would be targeted with increased taxation for new roads, as well as additional police and fire services. But the greatest loss would be the way of life the residents now enjoy. The traffic and noise certainly would impact the area. Buses would soon replace bicycles, bringing with them the very negative elements of society we in Albany deliberately shun.

I urge all residents and interested citizens to write the Oxford County Commissioners, the Land Use Regulation Commission and your state representatives to voice your opposition to this project.

We challenge the governor to stand firm in his opposition to this issue. We, the residents, are depending on his support.

Dorothy Jean Duddy
Albany Township

BOY SCOUT FOOD DRIVE

To the Editor:

Bethel Boy Scout Troop 565 will be commemorating Scout Week, which is the annual observance of the founding of scouting in the United States, on Feb. 1-9.

The boys will be doing a community service project in the form of "Scouting for Food." On Saturday, Feb. 1, the boys will go to their neighbors and leave a bag and note on the doors. The note will explain that the Boy Scouts are collecting food for the local pantry and that the boys will return on Saturday, Feb. 8, at 9 a.m., to pick up the donation and deliver it to the pantry.

This food drive is to help boost the state level and to help the pantry meet their winter demand.

Those who wish to donate but do not have a Boy Scout in their neighborhood, may leave a non-perishable food donation at the Bethel IGA Foodliner, in the box we will provide, anytime between Feb. 1 and 9.

The boys and teachers of Troop 565 thank you for your help.

If you are, or know of, a boy who is at least 11 years old and at least in the fifth grade and would like to join the scouts, we meet Sunday nights at 6 p.m. at the West Parish Congregational Church, except on the weekends we go camping.

Eugene Tanguay
Albany

CHRISTMAS FOR FAMILIES THANKS

To the Editor:

Christmas For Families would like to thank all the people and businesses that donated time, money, and/or gifts to be distributed to the 57 families (153 children) that received gifts for Christmas.

It's wonderful to see the outpouring of love and giving that went into making this project such a success. It would be difficult to try to list everyone who contributed as the list would be so long. A special thanks to all the stitchers and knitters for their long hours and to the local businesses that get requests for donations year-round and still manage to give to this worthy cause. Again, thank you to everyone for their generosity.

Nina Wheeler
Director

FROM THE

Bethel Town Office

The Board of Selectmen recently received a letter from Central Maine Power Company (CMP). The supervisor of vegetation management wrote to discuss his maintenance program and to inform landowners that CMP offers a landowner's maintenance agreement.

Throughout the year, Central Maine Power operates a vegetation management program. The obvious goal of this program is the reduction of hazards to power lines. Ultimately, this prevents service interruptions.

The attempt to control Mother Nature is a never ending challenge. CMP's vegetation management includes trimming, removal and herbicidal practices. The use of herbicides are localized and minimized as much as possible. All herbicides used are federally approved and applied directly by hand.

Landowners who object to the use of herbicides on CMP rights of way may request a landowner's maintenance agreement. The landowner must agree to maintain these areas to CMP's specifications. Agreement forms or further information may be obtained by writing: Central Maine Power Company, T&D Line Clearance Department, 83 Edison Drive, Augusta, ME 04336, or by calling 1-800-972-8600.

It is CMP's hope that by notifying municipalities of their plans well in advance, landowners will have an opportunity to be better prepared to either respond to or inquire about the vegetation management program.

Kathy Koveleski
Assistant to the Town Manager



FEEDING THE HUNGRY—Telstar Unit Troop 569 of the Junior Girl Scouts gathered 250 pounds of dog and cat food recently to benefit the animals of Responsible Pet Care of Norway. The girls also received a \$30 cash donation. Pictured here are front (from left): Sheena Hunt, Kaylee Smith, Tanya Knox, Ashley Brooks, Megan Bailey, Jennifer Hodgkins, Britney Howe. Back: leader Karen Page, Sarah Page, Sue Parsons of RPC, Monique Bailey, and Kathy Jo Farren of the Bethel Animal Hospital. (Photo by Alison Aloisio)

Andover selectmen want tighter control over spending by town departments

By ALISON ALOISIO

Andover Fire Chief Ken Dixon had a chance to get some firefighters' helmet lights for half price this fall. He seized the opportunity. "We needed the lights," he said. "If I had waited and paid full price, it would have cost the town more."

Most taxpayers would probably agree that's smart buying. But Dixon had not put the helmets into his proposed budget for 1996 — and he asked the helmet lights' seller not to bill him until January. "It would come out of this year's budget," he explained.

The bill came early, though — in November — and came to the attention of selectmen, who must sign vouchers for town purchases.

Which was how the incident came to be brought up by selectman Brian Mills at last week's public hearing regarding (among other things) the adoption of a line-item budget for the town. Mills used the example of the helmet lights to demonstrate why selectmen want the town to consider going the line item route at this year's Town Meeting.

"The way it is now," Mills told the 40 or so residents assembled, "we let them (the department

heads) spend their money, and then we sign after the fact," he said.

Department budgets are currently approved at Town Meeting in a lump sum, after specific budget proposals have been presented to the town's Budget Committee.

"With the line-item budget," said Mills, "they could spend x amount of dollars, but they can't exceed that without town approval."

Mills said a contingency clause could allow a department to exceed a line-item budget by a certain percent with selectmen's approval, in the event of emergency.

Wayne Delano said the current lump sum method is frustrating for committee members. The committee, he said, spends time considering each department budget as it is submitted to them in line-item form. "Then, when it's approved, they can spend the money where they want, because it's been voted on by the town as a lump sum," he said.

Also discussed was the possibility of requiring that department heads submit purchase orders to selectmen before

spending large amounts of money. Selectmen could initiate that practice on their own without town approval, Mills said.

"Ninety percent of purchases are bought well in advance," he said. "There are very few emergency situations."

Selectman Dick Plantier supported the purchase-order proposal. "It would dampen impulse buying," he said.

Library board member Lidah Iles said getting prior approval for purchases would create some problems, "but they're not insurmountable."

But Delano worried that process would give too much power to selectmen, if for some reason they "didn't like a certain department." They could, for instance, reject a request by the road department to purchase salt, even if the town had approved it at Town Meeting, he said.

After listening to Delano, Mills said he would likely back off on his support of the purchase order method, "because conflicts of opinion (among selectmen and department heads) have played a role in decisions of this board in the past in this town," he said.

The Hooch Show Re-Run

By MIKE BROWN

Maine legislators were surprised — some were shocked — to learn last week that Gov. Angus King had been secretly talking with Maine's increasingly monopolistic drugstore chain, Rite Aid, to take over the state's retail liquor business.

The King administration's director of lottery and alcohol bureau, Eben Marsh, revealed the Rite Aid's covert interest before legislative committees much to the chagrin of Rite Aid's attorney and a registered lobbyist, Douglas Carr, who claimed Marsh's revelation was regrettable in that the state did not consult with Rite Aid prior to making the company's interest public.

Rite Aid would apparently sweeten its offer by assuming the employment of some 100 state employees who would lose their jobs by privatization. But the Rite Aid interest was entirely murky and mysterious.

Rep. Elizabeth Townsend, D-Portland, was incensed that King and his administration would harbor secret discussions about selling the state's retail liquor business without consulting the Legislature. She insisted that any additional behind-the-door talks with anybody over the issue be made public by the governor.

The legislators, at least those serving in the previous 117th Legislature, should not have been surprised by King's hush-hush talks. He did the same thing last year as the Task Force on Alcoholic Beverages Sales was preparing its final report. It was learned at that time that King had prior knowledge that the Rothchild Group Inc., a New York investment banking company, indicated that the state could sell its alcoholic business through its company by public offerings of securities. Rothchild estimated that the state could realize some \$300 million from the sale.

The Rothchild alternative plan went nowhere. Neither did the 117th's LD 1706 bill to privatize Maine's retail liquor business.

King is attempting to re-invent the retail sale booze wheel with the 118th legislators, half of whom are freshmen and did not participate in the two-year study and proposal to get Maine out of the liquor business.

Janet Walden, commissioner of administration and financial services, attempted to make the case that replacing the state's 28 remaining retail stores with 84 agency stores and terminating 107 employees would save some \$16 million over the next biennium and increase the current \$22 million in wholesale revenues.

Of course, the alleged "savings" by closing the state liquor stores is part of the financial alchemy of the governor's FY 1998-99 biennial budget.

Sen. Mike Michaud, D-Millinocket, Senate chair

of the appropriations committee, said to Walden, "I didn't believe the administration's figures last year and I don't believe them now."

Dismantling, some prefer the term privatization, of a state department or bureau cuts through many bureaucratic sinews of government. Public employee unions are especially vocal about their members losing jobs and state health and retirement benefits. (And their union dues, of course.)

The privatization of Maine liquor would be much easier if not for New Hampshire. Rep. George Kerr, D-Old Orchard, House co-chair of the appropriations committee and owner of a retail liquor establishment, says, "New Hampshire is knocking our liquor socks off." But how many socks-off is questionable. Estimates run from \$6-40 million.

One attraction to the Granite State is decidedly the price of liquor. New Hampshire sells its liquor at its state liquor stores with an approximate 40 percent markup compared to 68 percent in Maine. And there is no New Hampshire sales tax where Maine has a six percent sales tax.

Some idea of Maine's direct competition with New Hampshire liquor is that New Hampshire leads the nation — number one among 50 states — in the per capita consumption of alcohol which is 4.72 gallons per year. That does not actually mean consumption, but rather on sales revenue. Maine is 31st in the nation at 2.42 gallons, which is slightly less than the national per capita of 2.48 gallons.

Maine's retail store at Kittery attempts to match New Hampshire's liquor prices. In FY 1994-95 the Kittery discount store sales amounted to \$5.446 million, which compared with total sales of all state stores of \$43.754 million and total overall (wholesale and retail) of \$69.756 million.

The "new" liquor privatization plan would continue the Kittery store under some kind of "special status" agency store. That is, exempted from sales tax and probably matching the Granite State's markup of John Barleycorn.

But Maine citizens and legislators with only distant access to Kittery's attractive prices don't buy the special status act and usually trade spitefully south of the border when in the area.

Maine got into the state regulation of alcohol in 1862. Getting Maine out of the retail regulation of the booze business began nearly 16 years ago and continued through governors Democrat, Republican and now Independent.

The Maine retail liquor glass is still half empty — or half full.

(Veteran newsmen and columnist Mike Brown writes regularly on the Augusta political scene. His views are his own and do not necessarily reflect those of The Citizen.)

THIS WEEK AT THE Moses Mason House

All members and friends of the Bethel Historical Society are reminded that the next monthly meeting will be held on Thursday, Feb. 6, in the meeting room of the Dr. Moses Mason House, beginning at 7:30 p.m.

The meeting will be the annual historical film night with "Joshua Chamberlain and the 20th Maine" being the featured presentation for the evening. The meeting is open to anyone interested.

Joshua Lawrence Chamberlain was born in Brewer in 1828, and educated at Bowdoin College and Bangor Theological Seminary. He became professor of rhetoric, moral philosophy, political science, and modern languages at Bowdoin and later was president of the college.

During the Civil War, he received a political appointment to organize a new regiment of volunteers formed in the State of Maine. The colonel in charge of the new regiment was Adelbert Ames. Already hardened by battle, he was so disgusted by the sight of the new recruits that he told them all to "desert and go home."

Of course they didn't and Chamberlain, an obscure theology professor without a military background, rose to the rank of Major General, won the Congressional Medal of Honor, and was chosen by General Grant to receive the surrender of the Confederacy at Appomattox.

The men who became the 20th Maine were a group of Yankee individualists. They came from all walks of life, farmers, fishermen, loggers, and even a few mutineers. The Regiment came to face tremendous adversity, but against these incredible odds, they

See MOSES MASON, page 3

LOOKING BACK

10 years ago: The Greenwood Planning Board approved the first phases of a 53-lot subdivision along South Pond. Jon Owen of Bethel took first place in the North American luge championships at Lake Placid, N.Y. The Newry Planning Board approved plans for the 192-unit Brookside Condominiums off the Sunday River Skiway access road. Rebecca Kendall joined the staff of Bethel Area Chamber of Commerce. Deaths: Harold Perham, Rachel DeCoster, Nellie Libby, Alice Goff.

20 years ago: Sudbury Village, a 24-apartment complex for elderly housing, officially opened to the public. It was announced that Meals for Senior Citizens, catered by Saga Foods, would start on Feb. 8 at the Bethel United Methodist Church annex at 12 noon and that the price per meal would be 60 cents. The Bethel Board of Selectmen approved the appointment of Nesta Littlefield as clerk-typist in the Town Office. Peter Bailey was elected president of the Greater Bethel Chamber of Commerce.

30 years ago: James and Pauline Browne started a year of training at the New Tribes Missionary Institute Boot Camp. The Board of Selectmen appointed Elwyn N. Dickey as town manager to succeed Michael Houlihan. Plans for the new SAD44 Junior-Senior High School (now Telstar) went out to bid. The James C. Sewall Company of Old town submitted a capital improvement program for the Bethel Planning Board. Births: Kris Dunn, Kris Percival, Rachel Belanger, Martha Fossett, Penney Scribner, Judy Hutchinson.

40 years ago: The Van Tel & Tel Co. was installing dial phones in Bethel village prior to cutting over to the new system in the spring. A large plate-glass window of the Odd Fellows' dining room was blown in during a high wind. Nearly 250 friends of Bethel Inn owner Guy P. Butler participated in a testimonial honoring his 16 years as executive manager of the State of Maine Publicity Bureau. Marriage: Patricia Monfette and Dwight Haggan. Death: Mrs. Peter Schutt.

50 years ago: The Bethel School Committee voted to give full-time teachers a \$100 increase in pay for the remainder of the year. The three-story building at the corner of Main and Church streets (most recently owned by Keenan's) was sold to Stuart Martin by Ernest Bisbee. Ivy Philbrook was elected president of Student Government at Nason College. Marriages: Muriel Hall and William Lever, Marilyn Marshall and Farrell Toher, Kathleen Lombard and Gordon Roberts, Pauline Baker and Norman Davis, Ernestine Bates and Owen Richards. Deaths: Charles Crockett, Howard Carter.

100 years ago: An orange supper was held at Bean's Hall in West Bethel to benefit the new church, being built in that community. It was reported that the church exterior was nearly finished and a weather vane had just been installed. Work on the inside was beginning. Death: Cornelia French, 1896 Gould Academy valedictorian.

—Items in Looking Back are compiled by the Bethel Historical Society from back issues of The Bethel Citizen.

The Bethel Citizen

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Deadline for town, club and organizational news items is Saturday noon. Advertising deadlines: Display ads, Monday, noon; Classified ads, Monday 2 p.m.

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Briefly

Nighttime parking ban on Summer St.

BETHEL--The Bethel Board of Selectmen has agreed to establish a nighttime no-parking zone on the part of Summer Street between the rear of Kelly's Auto Parts and Mechanic Street. The ban, which will apply between the hours of 7 p.m. and 7 a.m., was requested by Spencer Couture, manager of the auto parts store. Couture told the board that cars parked by patrons of the nearby Backstage Restaurant blocked nighttime deliveries to the store. The ban had the support of Backstage owner Harry Faulkner and the Bethel Planning Board, and was approved unanimously by the selectmen. No-parking signs will go up as soon as the town determines if establishing a congruent tow-away zone would involve any liability to the town, according to Town Manager Madeleine Henley.

Pipeline hearing schedule

ALBANY--The Land Use Regulatory Commission has tentatively scheduled a public hearing March 19 regarding plans to run a natural gas pipeline through Albany. John Flumerfelt of the Portland Natural Gas Transmission System asked LURC to wait until March 19 to allow developers time to file a formal application on the lateral spur with the Maine Department of Environmental Protection. The 43.5-mile spur would serve paper mills in Rumford and Jay. The proposed 242-mile main line would run from Canada to Haverhill, Mass. The request for the hearing was prompted by letters from two landowners in Albany.

No staff on Supt. committee

WOODSTOCK--The SAD44 School Board Monday turned down a request from the Telstar Educators' Association to add a teacher and an administrator to the Superintendent Search Committee. The committee, formed in September to look for a permanent replacement for former Supt. Ron Jenkins, is made up of seven school directors. Telstar Middle School teacher Karen Bean said it was unusual for a search committee not to include staff members, who she said would provide valuable input in selecting candidates. The closing date for applications for the position is Friday. "It's late in the game to change the rules," said Bethel director John Brown, chairman of the committee. Bean said the TEA's request was delayed because the association had just decided how to respond to the issue. The committee that selected candidates in the last superintendent hiring process had about two dozen members and included staff and community members. It was described as cumbersome by many who participated in the process.

Officer stops handling wildlife

WEST PARIS--After dealing with four rabid wild animals in two weeks, animal control officer Danny Paine has been told by selectmen not to handle any more wildlife problems. Paine said he is not trained to work with wild animals. Selectmen said it is up to the Warden Service to handle rabid animal reports involving other than domestic animals.

Ski festival this weekend

BETHEL--L.L. Bean's seventh annual Cross-Country Ski Festival will be held on Feb. 1 and 2 at Gould Academy. Participants may choose from six workshops: Introduction to Cross-Country Skiing, Family Skiing, Intermediate Skiing, Backcountry Skiing, Competitive Skiing and Cross-Country Potpourri. Indoor workshops address waxing, eating for peak performance and dressing properly. For more information call 1-800-341-4341, ext. 6666.

Brooke appointed CEO

NEWRY--Selectmen Tuesday appointed Randy Brooke as the town's code enforcement officer. The position has been vacant since the September resignation of former CEO Norm Putnam.

REACH training offered

PARIS--REACH, the Rape Education and Crisis Hotline, is offering its spring Crisis Hotline Advocate Training. The free training will start Feb. 3 (6-9 p.m.) and will run for 10 weeks. It will take place at Oxford Hills High School. Pre-registration is required. Training will cover all aspects of sexual abuse, including rape. Also covered are domestic violence, sexually transmitted diseases, HIV, crisis intervention skills and communication/listening skills. On completion of the course participants may be eligible to become hotline volunteers, but anyone is welcome to take the training. For further information call Pat Johnson at 743-9777.

Senators get committee assignments

AUGUSTA--State Sens. Norm Ferguson (R-Hanover) and Rick Bennett (R-Norway) have received their committee appointments for the upcoming session of the Maine Legislature. Ferguson has been reappointed to serve as the ranking Republican senator on the Legal and Veterans Affairs Committee. Bennett will be the ranking Republican member of the Joint Standing Committee on Appropriations and Financial Affairs.

Water company gets waiver

BUCKFIELD--The Buckfield Village Corporation, the town's quasi-municipal water company, has received a conditional waiver from the federal Safe Drinking Water Act -- and will not be required to build a \$1 million filtration plant at North Pond, its water source. The corporation had been issued a mandate to have the plant on line in 1993. But residents protested the water supply was pristine and did not require filtration, and a biologist's report backed up that claim. BVC will still be required to build a chlorination plant and repair the dam at the pond by Aug. 1.

"Casco and Lake Champlain Line"?

NEWRY--Les Otten, president and CEO of the American Skiing Co., has suggested that a high-speed rail line be constructed from Portland to Burlington, Vt., and into Canada. Such a line could cut across all three states along Route 2, and would provide an east-west path for commerce. The cost of the project would be significantly less than that of a highway, Otten said. The suggestion was made at last week's tri-state banking conference, held at the Summit Hotel. The governors of all three northern New England states attended.

Some doubt Boston run would make \$

PORTLAND--With prospects of passenger rail service between Portland and Boston still uncertain, some transportation experts wonder if the new route would attract enough passengers to even make it profitable. State transportation officials are hoping the service will pay for itself and perhaps even turn a profit. Projections prepared by a consultant in 1995 say the train could be making \$210,000 a year within 10 years of operation, and generate a surplus of \$4 million after 20 years. But University of Southern Maine economist Charles Colgan doubts that will happen. Colgan said the train, which would take 2 1/2 hours to get from Portland to Boston, would not be much faster than driving, so it might not draw enough passengers. Harvard University Professor Jose Gomez-Ibanez, a rail expert, said he does not know of a comparable route in the country that does not need a public subsidy in order to operate. "I'm at a loss as to what the real rationalization is behind this," he said. Michael Murray, project director for the Maine Transportation Department, even has his doubts. "I believe it will require additional revenues beyond what comes into the fare box," Murray said, adding that he hopes businesses will chip in enough money to make the service pay for itself.

Ski with the stars at Attitash

BARTLETT, N.H.--Sports and media stars will take part in the eighth annual Celebrity Ski Classic benefiting the Genesis Fund on Jan. 31 to Feb. 2 at Attitash Bear Peak. All proceeds go to the fund, which provides for specialized care and treatment of children born with birth defects, mental retardation and genetic disease. Participants of all ages and abilities may ski on a team captained by a celebrity guest. Captains include Doug Flutie, Joan Benoit Samuelson, Jim Lonborg and Steve Grogan. For more information call 1-800-860-3603.

Moses Mason

Continued from page 2

prevailed. At Gettysburg, the mission of the 20th Maine was to defend the corner of a hill "at all costs." Outnumbered and nearly out of ammunition, the Mainers launched a desperate bayonet charge that saved the day and possibly the entire Union Army.

Wounded at Petersburg, Chamberlain remained on his feet to urge his men on. He was wounded again at Gravelly Run, but managed to lead his troops once more. At his own initiative, he ordered a somber and touching tribute to his noble foes during the surrender ceremonies in 1865. After the war, he served as Governor of Maine from 1867 to 1871 and played a pivotal role in the famous "Count-Out" controversy of 1879 when he singlehandedly defused a possible armed assault on democratic government in Augusta.

Bethel had a number of men who served in the 20th: Arthur M. Bean, Freeborn Bean, Farnum L. Bean, Stephen S. Robertson, and Collins Morgan, who was the last survivor of the famed regiment. Chamberlain made at least one trip to Bethel, attending the funeral of Civil War Gen. Clark S. Edwards, commander of the 5th Maine, at the Universalist Church in 1903. Chamberlain died in Brunswick in 1914.

FROM THE

Bethel Area Chamber of Commerce

Welcome to our newest members: Gray Marketing, Bethel, Wendy Gray, owner; Bethel Contracting Corporation, Peter Rice, owner; and Rick's Arcade & Family Entertainment Center.

All members and friends are invited to a chamber Business After Hours at the Casablanca building in the Bethel Station Development on Monday, Feb. 3, from 5 to 7 p.m. Members Casablanca Cinema, Rick's Deli and Rick's Arcade & Family Entertainment Center are joining together to host this event. Refreshments will be available.

Fifteen merchants are getting together to host a Scavenger Hunt on Saturday, Feb. 1, from 10 a.m. till 8 p.m. Scavenger hunt forms will be available at either the Bethel Inn Cross Country Ski Center or the Gould Field House (at the L.L. Bean X-C Ski Festival) on Saturday morning. First, second and third prizes will be awarded for the persons who visit the most shops. Prizes will be \$75, \$50, and \$25 in "Bethel Bucks," to be spent in any one of the 15 participating shops. Those shops taking part are: Bethel Inn Cross Country Ski Center, The Village Sampler, Preb's Pharmacy, Maine Line Products, Mt. Mann Jewelers, J.D. MacConaughy, Bethel Bagel & Deli, Ruthie's, Cafe DiCocoa, Bib & Tucker, Books 'n Things of Bethel, Vine & Cupboard/Far East Antiques, The Toy Shop, True North, Wild Rose. Everyone is welcome to participate.

Hot News Tip? --Call 824-2444

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SUN JOURNAL Sunday

From the Bethel Police log:

Intoxicated man prompts numerous calls

On Jan. 27 at 10:14 p.m. police were asked by the Oxford County Sheriff's Office to respond to Route 26 in the area of Littlefield Beach. The Sheriff's Office had received approximately 10 calls regarding an intoxicated male walking in and out of the roadway, nearly being hit on several occasions. The man was observed walking the middle of the road. The officer kept him out of the road until a deputy arrived and drove the man home.

Saturday, Jan. 25

At 12:25 p.m. police received a report that an employee at River View condos had discovered evidence of marijuana use (seeds, stems, ashes) in two rooms. The complainant said it was apparent that heavy use was going on. She said the rooms were vacant as the tenants were apparently skiing. Police asked the caller to contact the Sheriff's Office when the subjects returned in order for police to make contact with them. The officer said he was unable to enter the rooms without the renter's consent or a warrant. The complainant did not call back.

At 12:30 p.m. a West Bethel resident reported several snowmobiles being operated on the road in front of her house. Police requested the Sheriff's Office contact Warden Service units, but there were none available. The officer then contacted a snowmobile repair shop owner and asked him to speak with locals, requesting they keep off the road. The shop owner said he would see there were no further complaints.

This report highlights points of interest from the Bethel Police Department log, but does not include all reports of police activity. To reach the Bethel Police Department, call 911 in emergency situations, 824-3437 in non-emergencies. An answering machine takes calls when an officer is not in the office.

Correction

Farm is still in the family: The property where a proposed 200-seat restaurant in Newry would be located still belongs to the Bean family.

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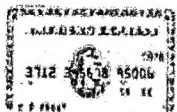
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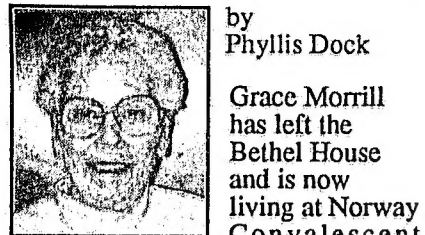
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Bethel



Grace Morrill has left the Bethel House and is now living at Norway Convalescent Center, Room 14, Marion Avenue, Norway, ME 04268. I am sure she would enjoy receiving cards and having you call on her if you are down that way.

Lucia Schwarz is recuperating following surgery resulting from a fractured leg bone suffered in a recent ski accident.

Edna York had a cyst removed from her knee joint at Stephens Memorial Hospital this past week.

Bea Brown is sick with a serious case of bronchitis.

Andy and Becky Johnson of South Harpswell were Tuesday visitors of Randal and Sarah Stevens.

Ivy Philbrook's poem, "From Nags Head, N.C.," has been published by the National Library of Poetry, Owens Mills, Md., in their latest anthology, "Frost at Midnight."

James Dock, son of Roger and Susanne Dock of Glastonbury, Conn., and grandson of Norman and Phyllis Dock, will be the new executive of Snowshoe District of Boy Scouts of America, which includes Bethel.

Barbara Burns of Hanover visited Irene Russell at the Bethel House on Thursday.

Mr. and Mrs. Peter Anderson, Chandler Hill Road, entertained her parents, Mr. and Mrs. Rodney Hanscom Sr. of Middle Intervale Road, Elizabeth Morse of Sudbury Village and Ruth Cummings of the Bethel House at a lovely dinner on Sunday, Jan. 19.

Bryant Pond



Harris Hathaway and James Knights. Also, our sympathy to Michael Casper in the loss of his sister.

Phyllis Jordan asked me to print this item, which wasn't included in Harris Hathaway's obituary: Family members and friends will cherish the old antique telephone replica magnets, and other reproductions Harris Hathaway made for them in the workshop he so much enjoyed. Never to give up after his forced retirement, he kept busy designing and building furniture for his children and grandchildren and toys for his great-grandchildren. Proud that a nephew's child was born on his birth date, he sent off to Florida a gift made and signed by himself. Another important memory will be of his avid interest in our presidents, especially President Lincoln. He and his wife Edith, a member of the

Daughters of Union Veterans of the Civil War, traveled to every state east of the Mississippi visiting homes, monuments of presidents as well as monuments and battlefields of the Civil War. He was also a voracious reader on those subjects as well as the state of Maine.

Kathleen McAllister has returned home after visiting her granddaughter Jill in Florida. While there she also visited her sister.

Franklin Grange 124 met for a potluck supper and regular meeting on Monday, Jan. 20. Twenty-seven attended the meeting with the following program: open thought from John 15:5; Happy Birthday was sung to all January birthdays; brief history of Maine State Grange and Franklin Grange; Alden Chase was the first master of Franklin Grange; program on degrees of the order with songs and readings on each; a candlelight service; all members invited to attend West Paris Congregational Church on April 20; a silent auction held on items donated by Edna and John Howe; closing thought, John 1:3. Next meeting will be held on Feb. 17 with a program on Presidents' Day and Valentines. Each one will make a valentine to be judged. There will be a potluck supper before the meeting.

Feb. 22nd will be degree day at Franklin Grange with 1st and 2nd degrees starting at 9 a.m., dinner at noon, and 2nd and 3rd degrees in the afternoon. Anyone wishing to join the Grange -- if your application is in at the Feb. 17 meeting, you may take the degrees on Feb. 22.

The Woodstock-Greenwood Senior Citizens will meet at the Town Annex for their meeting on Feb. 6. There will be a potluck dinner with each one bringing a hot dish, salad or dessert, and their own place setting. Edwin Howe will show pictures of his trip to Alaska. The meeting will start at 11:30 a.m. Dues are due at this meeting. All welcome.

The Woodstock Historical Society encourages everyone to collect and study antiques. They are a vital part of our past. Many society members have collections of different things. They believe in preserving artifacts that illustrate our heritage. The society operates a fine museum with outstanding exhibits. It has a good research library and museum store. Monthly programs of general interest are highlighted at the society meetings. They meet the second Saturday of each month at 7 p.m. Everyone is welcome to join the society or just attend the meetings. Curator Larry Billings encourages everyone to study history or trace their family tree. Such activities are enjoyable as well as informative.

Andover



There is a APT meeting on Wednesday evening, Jan. 29, at 7 p.m. at the school. You are invited to attend the sixth-grade D.A.R.E. graduation on Thursday, Jan. 30, at 6:30 p.m. at the school. The students want you to know that the collection of Campbell Soup labels continues. The soup labels and many other brands, including Pepperidge Farms, are included in the collection of labels and UPCs that will last throughout the year. More information is available from the students or at the drop-off box in Mill's Market.

A Rabies Clinic will be held on Saturday afternoon, Feb. 1, from 2 to 4 at the Fire Station. The town clerk will be present to license dogs. Remember to bring along the necessary neutering information and a current rabies certificate.

The Snow Valley Sno-Goers invite all to a Potluck Supper and meeting on Feb. 1, at 6 p.m. at the CEB. Memberships will be available, and all are invited to attend.

The Calvary Congregational Church is hosting a Fellowship Supper on Sunday, Feb. 2, beginning at 5:30 p.m. The meal will be free of charge. Following the supper, Ron and Marge Knightly will show pictures and speak of their ministry in Fort Nelson, British Columbia and northern Canada. The evening AWANA group recently enjoyed a Breakfast Pit Party with colorful red, blue and green pancakes served. Group members have been busy designing, building and painting their race cars for the Grand Prix competition to be held Saturday, Feb. 8, beginning at 6 p.m. at the church. All are welcome to come watch and cheer for the racers. Refreshments will be served.

Temporary hours for the town clerk during the week of Feb. 3 are: Tuesday, 11 a.m. to 4 p.m.; Wednesday, 1 to 6 p.m.; Thursday, 11 a.m. to 4 p.m.; Friday, 9 a.m. to 2 p.m.

Area Girl Scouts are now taking orders for their wonderful cookies. Janelle Lincoln, Esther Pew, Lauren Gammon, Julia Stambolis, Tonie Morin, Jennifer Learned, Rachel Chenery, Abby Mills, Kassandra Gammon, Samantha Blood, Joseline Belanger, Kayla Mills, Crystal Matthews, Cindy Farrington, Sherry Downs, Lacey Gammon, Lindsey Farrington, Erin Farrington, Jenna Poor, Katie Swasey, Samantha Ladd, Ashley Stambolis, and

Amanda Blood are all anxious to take your orders. Do not hesitate to contact one of the scouts as soon as possible.

Barbara and Orville Meisner recently returned from a bus tour with their granddaughter's high school band to the President's Inauguration. Tammy Dymment, a cheerleader with the John Baptist High School Band of Bangor, was among those invited to Washington, D.C., to participate in the inauguration ceremonies by President Clinton himself. He extended the invitation to the band when they greeted him at the Bangor International Airport during his campaign travels. The band performed at the Kennedy Center and was given tickets to many special events. The group was also accompanied by the Old Town High School Marching Band, who were in the Inaugural Parade. They were the only Maine bands to perform during the event. Tammy is the daughter of Diane and Marlan Dymment of Glenburn.

Get well wishes to Floyd Buck, who recently suffered a stroke. He is a patient at Rumford Community Hospital.

Joy and Herchel Hall of Ashburnham, Mass., have been in the area visiting with her father, Howard Glover, a patient at Rumford Community Hospital.

The McNamara residence on the South Arm Road reported a low temperature of 38.4 degrees below zero during the recent cold snap.

silent companion for a night walker. Last evening I thought of times in the past, when I was a walker. The moon shimmered the hills and silhouetted the naked branches of the trees. From the time the moon rises, I can watch it travel around the sky. In the wee hours it looks in my bedroom directly into my face. At two this morning I said, "Hello and good morning." I'm sure it winked at me.

All of my moon walks have left pictures that are vivid recollections.

It was nice to see Max Pulsifer and some of his family on Sunday. He and his wife are in better health than when they went to Yarmouth.

Robert, Jeri and Jenny Holt of Windsor, David and John Holt of Norway, Ann and I had dinner with Leonas and Fay Holt on Sunday.

Several fishermen are enjoying ice fishing.

It is still icy and I was glad to see Albert arrive to sand my driveway.

Eleanor Inman stayed in Norway with her sister one night because of ice. However, the roads were well sanded before morning.

South Woodstock



Joe Pete Appleby has three puppies to give away. They are lab and collie mix and are varying colors of black, white and tan. They are 11 weeks old and are very cute and need a new home. You can contact Joe Pete at 674-2749 if interested.

Joe Peter, Laurene and Danielle Appleby stopped by Wednesday night for a while. Danielle brought her homework with her to do while we were visiting. She has been working weekends at Sunday River Skiway.

Sarah Hart and friend Phil Lynch, along with Jessie Hart and Linsey Record, paid us a visit Monday afternoon. We had a nice time talking about school and other issues.

See SO. WOODSTOCK, page 7

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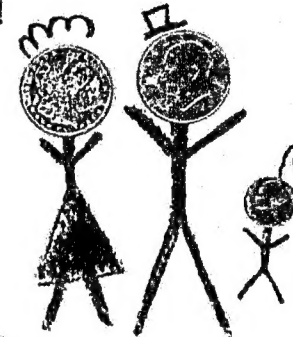
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- ✓ You didn't have a qualifying child and you earned less than \$9,000, were age 25–64, and were not a dependent.



Don't wait until next year to get money!

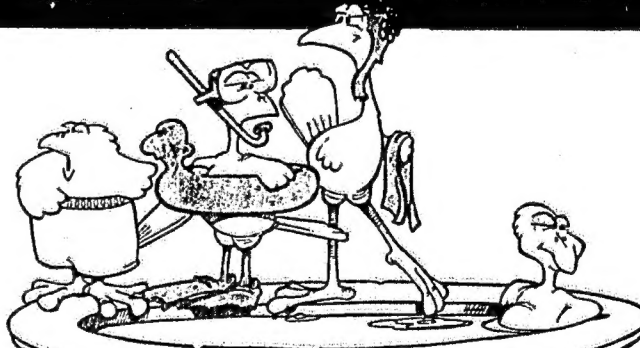
In 1995—if you make under \$24,396, and have at least one child, you may be able to get extra money in each paycheck. Ask your employer about getting the Advance EITC payment.

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1-800-829-1040.

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So. Woodstock

Continued from page 6

Kellie Record spent some time yesterday visiting with me, as it was slippery and she didn't want to go home during her break from work.

One of the coldest days this past week our furnace wouldn't run. It has never failed us in over 30 years. Luckily, we had a wood fire going already so we kept warm. The furnace man, E.A. Smith, showed up early the next day and got it running again.

Two of the Campbell boys, who live up the road from us, came by selling eggs from chickens they are raising.

Walter and Joanne Appleby went out to support to celebrate their wedding anniversary Wednesday night. Congratulations!

I really enjoy seeing the birds and squirrels at my bird feeder this time of year. They let you know when it's empty, especially the blue jays.

Our son, Rick Wing, is working for Yankee Microwave out of Naples. He has been traveling out of state to do maintenance work for the past couple of weeks.

Not a lot of news this week. Will try to get more next week. Time passes too quickly.

Quote of the Week: "I've learned that the trouble with jogging is that by the time you realize you are not fit enough to do it, you've got a long walk home."

West Paris



by Miriam Inman

West Paris Historical Society had their monthly meeting on Monday, Jan. 20, at the home

of Wayne and Nancy Penley, with 23 present. The supper consisted of an abundant amount of food. Fundraising ideas were discussed. After the meeting adjourned, Myron Pierce spoke about North Paris, where he lived and attended the eight grades there. It certainly was very interesting and informative.

Joe Perham, Albert Penley Jr., Walter and Vernon Inman were snowmobiling several days this week in the Stratton area. Milton Inman and Norman Millett from Greenwood were also enjoying the trip.

The finches have been real hungry lately, as there were many of them here. The finch food is going pretty fast! But we do enjoy the birds.

Julie Veysey from Falmouth visited her grandmother, Louvie Coffin, during last weekend.

Songo Pond



by Alice Kimball

Temperatures were in the minus double digits this morning and yesterday after a night of heavy rain. What crazy weather! But how nice to have the days longer. Soon it will be groundhog day.

Last Saturday, Norma and I went to Norway and to Auburn to help Tami Swan celebrate her 13th birthday. On our way through Mechanic Falls we stopped and called on Edroy and Helen Curtis.

Recent visitors here have been the Rev. Brendon Bass and Mrs. Dottie Adams of Hanover.

Mrs. Grace Morrill of Bethel is now a patient at the Norway Convalescent Center.

Recent visitors of Bill and Phyllis Bancroft have been Mrs. Martha Flint of Bridgton, Rupert Grover of West Bethel, Calvin Hamlin of Rumford, Edwin and Dora Gardner of Waterford, and Mrs. Jill Levine and family of Beverly, Mass.

Individuals play the game -- but the teams win championships. -- Bill Parcells

North Newry



by Gil Seeley

Echoes of the Inauguration... "As Freedom is the only safeguard of governments..."

So are order and moderation generally necessary to preserve Freedom."

I received a lovely letter from Amy and Roger Hanscom last week, wishing me Happy New Year. Amy mentioned that she heard that Freda Robertson was in the Ledgeview Nursing Home and that Warren Powers isn't very well either. She wrote that Bill and Sylvia Wight

went to see them recently and that they told her that Owen got hurt snowmobiling and that he and Sue are having therapy treatments. She also mentioned that Vada drove to Bethel and picked up Ruth Cummings and came to visit with her. Ruth does not walk around Bethel much now because she is afraid to fall during this bad weather. Ruth told her that she and a few special friends get together and cook up a meal and invite others to share and play games, so they are quite happy. She and Roger both had colds but are better now. Louise Tetley and I used to go see them in the summer, but I don't see them in the winter, so I was glad to hear from them.

Karlene Bachelder, Betsy Clark, Gil Seeley and Olive Anderson of the Newry Bowling Gang were at Oxford Lanes in Rumford one day last week. On the overall scores Gil was high on both the singles and triples, but it was a toss-up. On the first string, Gil beat Betsy by two pins; on the second string, Karlene beat Betsy by three pins and Gil by four pins; on the third string, Karlene and Betsy tied but Gil beat them by seven pins. Olive bowled only two strings. Karlene and Gil each had two spares, Betsy had one strike and one spare and Olive had one spare.

The Windy Valleys Sno-Mobile Club will meet Tuesday, Feb. 4, at 7 p.m. at the Town Building with Owen Wight presiding.

High Street



West Paris by Russell Yates

Howdy friends. This is a cloudy Monday morning, the 20th day of January, but at least it has

begun to warm up a little, and we're all glad of that.

Last Monday morning, Peggy went up to Ron Heath's Garage in Woodstock to have a block heater installed in the motor of her car. A block heater helps keep the car's

motor from getting quite as cold, so starting the motor is much easier.

Monday afternoon, Peggy returned the mending to Market Square Nursing Home, that she had finished doing here at home.

We had been planning to visit our aunt, Doris Hayes, some nice day, and since Tuesday morning was quite nice we decided that was our day to visit. We left here about 10 a.m., did some errands in Norway and had lunch at Cole Farms in Gray, after which we went to the home of our cousin and his wife, Glen and Rachel Hayes. After visiting for a while, we followed them to Ledgeview Manor in Windham where Aunt Doris Hayes now lives.

We hadn't seen her for quite some time and were quite surprised to find her doing so well. Glen tells us that his mother has days when she isn't very keen, but at 90 years old I think that should be expected. Anyway, she was bright as a silver dollar while we were there. She was a school teacher and does the crossword puzzles in the paper, so I feel that if she can do them she's not doing too badly.

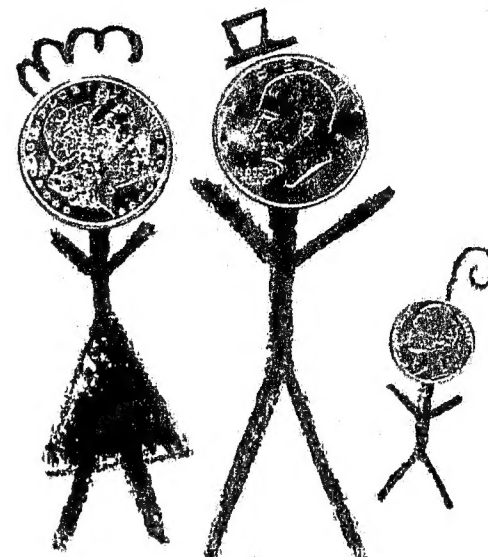
We returned home by way of Bridgton and stopped there to check out a craft center that had interested Peggy.

Peggy's daughter, Loretta Merrill of West Bethel, was down this way on Wednesday morning to do some grocery shopping and came by to visit us. She stayed for dinner, and after the dinner dishes had been washed and taken care of she trimmed her mother's. We are always pleased to have a visit from Loretta, as she has a way of making the outlook on life a little brighter for all concerned.

It has been very cold outside recently, but we ventured out on Friday, as I needed to have a prescription filled and we needed to pick up some groceries or give up eating. We made out just fine but didn't stop to gossip any place outside.

Hot News Tip? --Call 824-2444

Don't Get Shortchanged



The Earned Income Tax Credit may mean up to \$2,528 for you!

You may qualify for the EITC if, in 1994--

- ✓ You earned less than \$25,296 from a job, and had children living with you, OR
- ✓ You didn't have a qualifying child and you earned less than \$9,000, were age 25-64, and were not a dependent.

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MICHAEL (PG) John Travolta • **Nightly 6:45 & 8:50**

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While the kids enjoy movies & video games, stroll through
Bethel Station to enjoy fine dining, or relax in our quiet
and cozy full service lounge car.

the Iron Horse bar & grill

AT BETHEL STATION

YANKEE MAGAZINE "Editors Choice Award"

Buffalo Tenderloin, Babyback Ribs, Various Vegetarian Selections,
and some old favorites.

Prime Rib Specials Fridays & Saturdays

Sun-Thurs 5-9 • Fri & Sat 5-10

Reservations Accepted ~ 824-0961

AND SHE DOES
NAILS, TOO
Dawn Elliot
recently joined
the Bethel Animal Hospital
as a groomer.
Elliot is a graduate
of Nash Academy
Animal Arts in Kentucky,
where she completed
a 600-hour course
in animal grooming.
Services offered
by Elliot include bathing,
clipping, nail care,
and ear cleaning.
She is shown here
with client Shadow.
(Photo by Alison Aloisio)



\$FIVE\$ LUNCH SPECIALS



- 10" - 1 Topping Pizza
& Can of Soda
- Roastbeef, Ham or Turkey
Melt w/small bag of chips
- Lunch Chef Salad & Soda

HOURS:
Mon-Thurs 10:30 - 1 am
Friday 10:30 - 2 am
Saturday 11:30 - 2 am
Sunday 12 - 11 pm

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Because the sooner a stroke, or
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the chances a life won't fade
away. For more information call
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American Heart
Association
Fighting Heart Disease
and Stroke



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Good
Food
Doesn't
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To Be
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- Fresh Bagels
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served daily
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Sandwiches
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"Eat In or Take Out"



"We Deliver"
(some restrictions)

Mondays & Tuesdays

2 Large 16" Pizzas
\$11⁹⁵
Add Toppings \$1.00

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4 Italian Subs
Big Bag of Chips
2 Liter Soda
\$8⁹⁵

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Three 1/4 lb.
Cheeseburgers
3 Small Fries and
3 Extra Thick Shakes
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Pint "Homemade"
Baked Beans
Pint Cole Slaw, 6 Pack Dinner
Rolls, 6 Pack Hot Dogs
\$5⁹⁵

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Come On Upstairs at Mt. Abram

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Old Fashioned Turkey Dinner
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Entertainment
Friday & Saturday at 4 pm
Join us for lunch Saturdays & Sundays
... Soup and Sandwich

Build you own SUPER sandwich on
Maine's Bodacious Bread

NEW THIS SEASON
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ENTERTAINMENT

**Friday & Saturdays
from 4 - Until ?**

JANUARY 1997

January 30th
January 31st

Solo by John
Winterwood

FEBRUARY

Saturday, 1st
Friday, 7th
Saturday, 8th

Winterwood
Murphy's Lawbreakers
Martin Swinger
Fri. & Sat. 14 & 15 Duo Glyde
Fri. & Sat. 21 & 22 Rip & Dan
Friday 28th BBQ Boys

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FROM THE

UM Cooperative Extension

Responsible parenting. Raising children is not an easy job and in addition one of serious responsibility. Parents are concerned about their children's future with legitimate worry. Gone are the days when hard work and determination were all you needed to get ahead and achieve. Today's children are facing a world full of messages that tell them that "nothing they do is enough." There is a message of increasing need for further educational degrees, or to become involved in "enough" activities in order to succeed. Children are learning very young that to get ahead they must begin the race. Sounds stressful, yet what is our society valuing and reflecting in how we raise our children?

Over half of our children today are enrolled in out-of-home programs. In 1985, 2.5 million children attended pre-kindergarten programs compared to only 600,000 in 1965, according to the University of Georgia Extension Service Department of Consumer and Family Resources. Our society marvels at a child who masters the computer at a very young age or graduates with a degree many years earlier than the norm.

But, would we look differently at our child if we could see inside our child's mind to the pressures to achieve and to the child's emotional development? When children are spending all of their time in vigorous study, they do not spend the time needed to learn about everyday life. What happens to the social experience, the time to explore and use their imagination, to spend quiet time with you as a parent, or to just have fun? These "hurried" and stressed children are allowed to learn only what is taught and learn to push aside the "less valued" or "weaker" life skills. But at some point in their lives, they will face their emotions and their "reality." It is then, without the experiences of dealing with emotional issues, that they may fall. Has your child learned to deal with rejection, or not being perfect or facing situations he or she cannot control? As children grow older and have still not faced these life issues, the results become more dangerous. Your children may not necessarily even give you any indication that the stress is too much. The result may be through escapes such as high-risk behaviors in using drugs, alcohol, or others at earlier ages. As these "hurried" children feel more pressure to grow up, grown-up stress related diseases, such as stomach disorders and headaches appear. The most tragic result of this "stress or hurrying children is teen suicide. As teens become more and more overwhelmed by pressures to succeed, they see only one way to resolve their problems, and this is drastic.

What is the answer for parents to help their children? If we choose not to "hurry" our children, will they not fall behind the children whose parents do push? Children who are allowed to develop on their own may not be "super children," but "may not be" is all that can be said. For many children who are allowed to develop at their own pace they quickly find their niche. They will still develop accelerated ability in a certain area. Children need an environment that motivates and supports exploration. When they are allowed to choose areas in which to learn, and to experience hands-on learning at their own pace, they gain more than knowledge. They gain security, positive self-esteem, and a desire to learn. Help your children to want to learn through encouragement, not "push, drive, or force." The 4-H Youth Development program clubs of the University of Maine Cooperative Extension program offer self-directed hands-on experiences for young people. There is a county office located in your area to provide more information about 4-H.

This article was prepared by Susan Jennings, Extension educator in Oxford County, adopted by the Kids are Your Business column of the University of Georgia Extension Service Department of Consumer and Family Resources and the Georgia 4-H Program.

To contact your local Extension office in Oxford County, call Susan Jennings at 1-800-287-1482.

Historical Society essay contest

The Bethel Historical Society will once again sponsor a local history essay contest for students at Gould Academy and Telstar Regional High School, grades 9-12. Named for Dr. Moses Mason (1789-1866), an amateur local historian among other distinctions, the award was initiated in 1977 to honor achievement in local history for high school students.

To be considered for the award, students should submit an original essay of at least 500 but not more than 3,000 words based on primary sources discussing a local subject (confined to Oxford County). The finished essay must be submitted to the principal of the school on or before May 15, 1997, and will be judged on the clarity of style and nature of the content. Notes on sources and a complete bibliography are required. Judges will be an impartial committee appointed by the president of the society whose decision will be final.

The award, consisting of a certificate of commendation as well as a \$100 savings bond, will be made during the appropriate ceremony at the end of the school year. Anyone with questions, should call the Bethel Historical Society office at 824-2908.

POETS SOCIETY

The Bethel Area Poets Society is switching its readings to Saturday. According to organizers Rockie Graham and Dorothy Duddy, there have been numerous requests to hold readings on weekends.

The next regular poetry reading will be held on Saturday, Feb. 15, from 6 to 8 p.m. at the Bethel Bagel and Deli on Main Street. All interested poets are welcome.

Those interested in reading should feel free to contact Duddy at 527-2138 or Graham at 824-3427.

Everyone is welcome to come, read their own work or that of their favorite poet, or just listen and enjoy the readings. "We hope to see all area poets and poetry lovers at our new time," said Duddy.

SIDE BY SIDE FEATURED

The Coffee House at Rumford United Methodist Church, Virgin Memorial Chapel, 198 Linnell Street, will feature the musical duo "Side by Side" on Friday, Feb. 21, at 7 p.m. Doors open at 6 p.m. Admission will be \$3. Refreshments will be available. For more information, call Ross Swain at 545-2413.

Side by Side is a unique musical duo featuring creative arrangements, close harmonies, and enthusiastic performances.

FRUIT ORDERS

The Rumford Point Church is currently accepting orders for February fruit delivery. Temple oranges will be available, half-case size only, at a price of \$9.50, and grapefruit at \$15.75 for a whole case or \$8.25 for a half case.

Orders must be placed by Sunday, Feb. 2. To place an order, call Barbara at 364-7604. Pick-up is expected to be from 3:30 to 6 p.m. on Feb. 12 at the Rumford Point parsonage.

BRIDGE CLUB

The Cynthia Mason Round Robin Bridge Club will wrap up their 27th season with the final game and banquet to be held on April 27 at the Town & Country in Gorham, N.H.

The games will start at 1 p.m. followed by dinner around 5 p.m. Dinner choices are: prime rib of beef, baked stuffed haddock, or stuffed boneless chicken breast. Please call either Pearl McMillin (824-2500) or Ken Ramage (824-2943) as soon as possible to let them know your choice of dinner.

Appalachian Mountain Club offers February nature programs

The Appalachian Mountain Club will offer the following February programs at its Pinkham Notch Visitor Center, Rt. 16, in Gorham, NH. Unless otherwise noted the programs, which are free and open to the public, will be held from 1 p.m. to 3 p.m.

Saturday, Feb. 1, 15, 22: **Winter Wanderings to Lost Pond.** Join an AMC naturalist for an easy, one-mile exploration to Lost Pond, focusing on the natural history of the area.

Saturday, Feb. 8: **Winter Trails '97.** A day of guided hikes, winter safety information, snowshoe building, and other on-snow activities. Sponsored by Tubbs Snowshoe Company, Eastern Mountain Sports, and the AMC. Programs scheduled throughout the day. For more information, contact AMC Reservations at (603) 466-2727.

Sunday, Feb. 2, 9, 16, 23: **Winter Tracks and Trails.** Search the Pinkham Notch trails for tracks and other signs of animals who are out and about in winter.

School Vacation Programs

Monday, Feb. 17: **Clues That Tell the Tale (or Tail).** Learn how to follow the tracks of moose, mice, and other animals who are out and about in winter.

Tuesday, Feb. 18: **Winter Woods Walk.** Discover nature in the winter on this easy, one- to two-mile hike.

Wednesday, Feb. 19: **Bark, Buds, and Brrrr!** Find the cigar tree, the fuzzy scallop tree, and other forest oddities. Learn the basics of winter tree identification by examining bark and buds. Who needs leaves?

Thursday, Feb. 20: **Surviving the Season: Winter Birds.** Search for the birds that don't go south when the snow flies. Learn how to keep our feathered friends well fed through the cold season.

Friday, Feb. 21: **There's Snow Place Like Home.** Build a home out of snow. Participants will go over techniques on how to build a safe shelter of snow. 9 a.m. - 12 p.m.

Participants for all courses should dress to spend one to two hours outdoors. Clothing should include a wool hat, extra jacket or wool sweater, sturdy shoes and windproof/water-proof outer layers.

All programs will be held rain or shine. Course itineraries may vary due to the weather.

The Pinkham Notch Visitor Center is located on Rt. 16, 10 miles north of Jackson and 11 miles south of Gorham, at the eastern base of Mt. Washington in the White Mountain National Forest.

For further information, call AMC Reservations at (603) 466-2727.

The Bethel Citizen
1-800-9BC-NEWS
A Phone Call Away

Now Open The Pancake Inn
at
THE BRIAR LEA B&B
Come sit by the fire and enjoy a hearty breakfast!
Serving Breakfast at 6:30 am
(Closed Tuesdays)
Rte 2 • Just Over the Mayville Bridge
5 Minutes from Sunday River
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SUDS PUB
Lower Main Street • Under the Sudbury Inn

Live Music

Wednesday • January 29
NATE TOWNE

Thursday • January 30
HOOT NIGHT

Fri. & Sat. • Jan. 31 & Feb. 1
DENNY BREAU

Sunday • February 2
DAN STEVENS

824-6558

WEDNESDAY NITE BUFFET
All-You-Can-Eat \$8
HAPPY HOUR
Mon-Fri 4-6:30
Take-Out Available

NOW OPEN at NOON ON Saturdays & Sundays

Jacqui's Restaurant
646 West Bethel Road • Route 2, West

FULL BREAKFAST MENU

Including Omelets & Belgian Waffles
25 Assorted Hot & Cold Sandwiches
Appetizers, Homemade Soups, Breads & Desserts
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OUR CUSTOMERS TELL US WE HAVE THE BEST FOOD IN TOWN!

So Come Check Us Out • Home Cookin' • Generous Portions
836-6003

Mon. & Tues. 7:30 AM - 2 PM • Wed. & Thurs. 7:30 AM - 7 PM
Fri. & Sat. 7:00 AM - 9 PM • Sunday 7:00 AM - 6 PM

ATTENTION ALL SNOWMOBILERS
STARTING JANUARY 15th - MARCH 15th
Anybody who arrives on a snowmachine Gets 10% OFF
FEB VACATION WEEK WE WILL BE OPEN 'TILL 9 PM EVERYNIGHT

LOCKE MILLS American Legion Post 68
Gore Road, Locke Mills • 875-2375

\$ BINGO \$
Great Selection of Pull Tabs
Winner Takes All
State Limit Paid Out
Every Wednesday & Friday 6 PM
Sealed Ticket Early Birds
Doors Open at 4:00
875-2375 • 824-3785
~Hall Rentals Available~

The Loft Restaurant & Pub
159 Mayville Rd.
Bethel, ME 04217
(207) 824 - 4877

Upcoming Entertainment

February 1, 15 The Broken Men
Feb. 2 Dave Rowe
Feb. 8 JUBB JUB
Feb. 9, 23 Jud Caswell
Feb. 14 Lisa Galant Seal and The Brotherhood Dogs
Feb. 16 Nat Hussyey
Feb. 20 Doghouse

PETER'S ~Restaurant~
Nestled inside the Kedarburn Inn • Route 35 • Waterford, Maine

Enjoy Valentines Day,
February 14th and the whole month of February at Peter's with this special...
Appetizer • Salad • Entree & Dessert
PLUS a bottle of wine for just \$45.00 per couple.

Wine Tasting • February 27th
featuring South African Wines

Serving Dinner 5 - 9 pm
Friday & Saturday Evenings
Gift Certificates Available
We will be closed March & April (Re-Opening May 1st)

For more information & Reservations call
207-583-6265

Walk-ins Welcome ~ Catering for private parties available

MOTHERS

Come and see what everyone has been talking about...

- * Creative Pasta Dishes
- * Fresh Seafood
- * Homemade Soups & Stews
- * Big Sandwiches & Salads

"Unique cuisine in a relaxed atmosphere"

SERVING LUNCH 11:30 AM - 3:00 PM Daily
SERVING DINNER 4:30-9:30 Daily
SUNDAY BRUNCH 10 AM - 2:30 PM

Upper Main Street, Bethel • 824-2589

MIDWEEK SPECIALS

Tuesday: FREE 9" Cheese Pizza
when purchasing a 14" Pizza
(you must mention this ad to get the FREE Pizza)

Wednesday: All-You-Can-Eat
Pasta \$3.25 (served with salad & garlic bread)

Thursday: Stuffed Shells \$5
(served with salad & garlic bread)

Dine-In or Take-Out
Rt. 2 • Bethel
824-3637

Clip & Save

REBEL FAMILY RESTAURANT
Route 2 • West Bethel • 207-836-3663

TAKE THE STRESS OUT OF DINNER
Let Someone That Loves To Cook And Has The Time COOK FOR YOU!

TAKE-OUT DINNER FOR A FAMILY OF 4
for only \$10 (February 1st - 28th)

MONDAY: Ham w/scalloped potatoes, mixed veg., bread
TUESDAY: Meatloaf, baked or mashed potato, gravy, mixed veg, bread
WEDNESDAY: Lasagna, salad, garlic bread
THURSDAY: Chicken Pot Pie, mashed potato, biscuits
FRIDAY: 2 small 13" 1 topping pizzas, curly fries

FOR FEBRUARY ONLY \$10.00

Clip & Save

Not Skiing this Sunday?
Join us for
Jazz Brunch

Sundays • 11 am - 2 pm

Featuring the smooth sounds of
The Mickey Felder Jazz Duo

Our 24 foot unlimited Buffet includes Chef Specialties such as

- Seafood Alfredo
- Baked Stuffed Sole
- Glazed Garlic Turkey Breast
- Homemade Sweet Breads
- Delicious Homebaked Desserts
- Chicken Marsala
- Oriental Beef Stir Fry
- Seafood Newberg
- Fresh Fruit

Items from the grill include:
Eggs & Omelets cooked to order • Eggs Benedict & more!
Feast From Our Unlimited Buffet • \$9.95 adults, \$5.95 Children
Or order à la carte items from the grill.

The Bethel Inn Country Club
Maine
CALL TODAY FOR RESERVATIONS
On The Common • Bethel, Maine • 824-2175

HEALTHY LIVING



HERBS & HEALTH FAIR

Augusta - February 1, 1997



The Herbs & Health Fair, sponsored by the Herbal Resource Center of Maine, will be held on Saturday, February 1, 1997, at the Senator Inn, on Western Avenue at I-95, in Augusta, Maine. Hours are from 10 a.m. to 4 p.m. Admission is \$3 (\$2 for members.)

This is the first winter fair sponsored by the Herbal Resource Center of Maine, which is known as the organizer of the annual Herb Fest in Farmington. The idea behind this new event is "feeling good with herbs": remaining healthy and looking good through the winter months by using herbs and experiencing how health practitioners incorporate herbs in their practice. So the vendors - from all over Maine - include makers of herbal teas, tinctures, flower essences, oils, salves, and herbal skincare products as well as doctor in naturopathic medicine, a midwife, a massage therapist and a reflexologist. Lectures and demonstrations will be held throughout the day; a video entitled "Gentle Birth Choices" will be shown.

The Herbal Resource Center of Maine was started in 1995 by Katharyn Dunham and Shelly O'Connor to organize herbal events and classes, and disseminate information about herbal businesses in Maine. In addition to the Herbs & Health Fair, the Center sponsors the annual Herb FEST held on the first Saturday of June in Farmington (this year on June 7). The Herbal Resource Center publishes the Maine Directory of herbal Businesses as well as a quarterly newsletter, Herbs & You. The Center started recruiting members at HERB FEST '96 and, as of early 1997, had nearly 65 members. Members receive the newsletter, benefit from discounts on all activities organized by the Center, and can rent tapes from a library of audiotapes on herbal subjects.

For more information, please contact Katharyn Dunham: phone: 207-265-5636; fax: 207-639-2012 e-mail: kdunham@somtel.com.

CAVITIES: A Modern Approach to an Old Problem

by: Bethel Family Dentistry

Many people classify their teeth in categories based on their restored condition, or the number of cavities currently present. Those having numerous fillings place themselves in an undesirable column labeled "soft teeth". Others having fewer fillings are considered lucky and are located in the "hard teeth" column where they are somewhat envied.

Some feel they have inherited "hard teeth" from their parents, when in fact, what has been genetically transferred is the ability to resist the bacterial invasion that causes cavities. Tooth decay, (a cavity) is caused by a specific acid producing bacteria that has an attraction for plaque. With bacteria targeted as the causative agent, it is easily understood that cavities are viewed as an infection rather than a genetic short coming. Left untreated the bacteria are allowed to reproduce and form colonies that destroy neighboring healthy teeth.

Treating the high number of bacteria causing the infection, not only filling the damaged tooth surface, is the change in managing dental cavities. This modern approach includes eliminating bacterial breeding grounds by placing restorations where needed and prescribing antibacterial rinses that lower the number of disease causing bacteria.

Plaque removal remains a key component in the battle against cavities, there are no quick and easy solutions in resolving dental infections. Your dental team may ask you to participate in this modern approach to cavity management. It is important for you to understand the destructive force is an infection caused by bacteria and is therefore considered a disease process. Controlling the number of acid producing bacteria is a team effort and you play a major role in reducing the disease process with effective home care, reducing exposures to sugar, & by eliminating bacterial breeding grounds.

Free Information on Speech Therapy Software

from the Lakeshore Communications Disorders Center
contact IdeaBase at 800-867-4332 ext. 25,
contact IdeaBase on the Internet at
<http://www.ideabase.com/>

Community Health Lecture Series

Sponsored by Bethel Area Massage Therapists

OVERUSE SYNDROME February 5 • 7-11 pm

Leo Credit, Physical Therapist Specializing in Industrial and Orthopedic Injuries at Stephens Memorial Hospital

We will learn about systems of and how to prevent overuse syndrome. The focus of this lecture will include a variety of work related physical concerns including upper body, back and knees. Join us and learn how to use your body efficiently to avoid injury.

MEN'S HEALTH TOPICS February 19 • 7-9 pm

Gary Tatton
from Gateway

Men's health issues will be covered in this lecture, including mental health, mid-life concerns, substance abuse, maintenance of a healthy mind and body, and other related areas of concern to men. This lecture will be guided by the concerns and questions of participants.

WOMEN'S HEALTH TOPICS February 12 • 7-9 pm

Arlene Small, Certified Nurse Midwife
Western Maine OB/GYN

We will cover a variety of topics of interest and concern to women, the topics covered will be determined in part by the interest of the group. These may include: birth control, pap smears, pregnancy (prenatal, postpartum, miscarriage) menopause, osteoporosis, maintaining health mentally and physically. Come ask the questions you never have time to hear the answers to.

ERGONOMICS February 26 • 7-9 pm

Jan Solis, Director of Physical Therapy
Stephens Memorial Hospital

How do you define fitness? Learn how to maintain a healthy athletic body. We will do a flexibility test and strength test to help define our personal needs. Post traumatic injury care will be discussed, and how to better care for our aging bodies.

LOCATION: Therapeutic Massage Office • 2 Broad Street, Bethel, Maine 04217
For more information contact: Therapeutic Massage (207) 824-3889

Donation of \$5/lecture suggested. All donations will be given to the Bethel Library for the purchase of books on related topics.

Bethel Family Dentistry December Cavity Free Club

Submitted by: Dr. John R. Mason, D.D.S.

*Congratulations to all the following children
who exhibited excellent homecare.*

Keep up the good work!



Melissa Strauss	Michaela Cummings	Travis Hilden
Chelsea Marshall	Abbie Cummings	Tarsha Hilden
Billy Marshall	TJ Savage	Mallory Brown
Brett Kendall	Michelle Henley	Jonathan Parsons
Forest Duplessis	Kali Taylor	Charles Parsons
Margaret Duplessis	Brandon Hathaway	Dane Wilson
Christopher Duplessis		Jeremy Benson

Shopping for a New Mattress Made Easy

(NU) - Does just the thought of looking for a new mattress keep you tossing and turning at night? For information on healthful sleep and shopping for a new mattress, call the American Innerspring Manufacturers hotline at 1-800-TUCK-ME-IN. (News USA)

"The Injectable Contraception"

by Barbara J. Kolinsky, PA-C, Physician Assistant,
Mountain Health Services, Gorham

A new form of contraception has been approved by the FDA known as Depo-Provera. This is a shot that is ordered and given by your health care provider. It protects you from pregnancy for a full three months. It must be given only within the first five days of normal menstrual period; only within the first five days for women after childbirth for women who are not breast-feeding; or six weeks after childbirth for women who are exclusively breast-feeding. It is effective immediately. Rate of pregnancy is only 0.3% for the first year of usage.

Depo-Provera's chemical ingredient is similar to the natural hormone progesterone that is secreted by your ovaries during the second half of your menstrual cycle. It works by preventing the egg cells from maturing. It also causes changes of the lining of the uterus which makes it less likely for pregnancy to occur.

The following are some of the benefits of Depo-Provera.

- It does not contain estrogen which is a hormone in the Pill.
- It is an injection you receive once every three months eliminating the need to remember taking a pill everyday.
- It is more convenient than barrier methods.
- It can be used by nursing mothers.

The patient is given a prescription to take to the pharmacy. The cost is approximately \$46.00 for three months compared to the pill which can cost anywhere from \$20

to \$25 a month. The patient then brings the medication to her physician's office, and it is administered by a nurse. An injection fee is charged.

The most common side effect is irregular vaginal bleeding. This can be controlled with extra estrogen which is prescribed by your provider. Irregular bleeding occurs in approximately 10% of the patients. Weight gain can be up to four pounds a year although experience has shown this to occur rarely. An average of one patient a year may discontinue usage due to weight gain. Headaches, stomach pain, and cramps, which can also occur rarely are easily controlled with medication. Depo-Provera injection can interrupt your fertility up to 18 months after your last injection, therefore pregnancy should be planned ahead. Side effects usually subside after the first year of usage.

You should not use Depo-Provera:

- If you think you are pregnant
- If you are having unknown vaginal bleeding.
- If you have cancer of the breast
- If you have had a stroke
- If you have a history of phlebitis (blood clots) in your legs.
- If you have a problem with your liver.

Depo-Provera does not prevent sexually transmitted diseases, therefore those women not in a monogamous relationship should continue to use barrier methods to prevent the spread of any sexually transmitted disease.

Tips for Coping with Asthma During winter

by: The American Lung
Association of Maine

- Ensure adequate fresh air and circulation
- Open windows periodically or keep partially open
- Check air intakes and outlets for obstructions and dirt.
- Check filters for proper fit, mold and bacteria
- Check your ventilation system
- Clean ductwork and wash filters to avoid mold growth
- Use only environmentally safe, nontoxic cleaning solutions
- Avoid furred and feathered animals in indoor environments
- Avoid using wall paints in winter without adequate ventilation
- Avoid installing new carpeting
- Eliminate second-hand smoke
- Minimize the use of air fresheners, perfumes, hair sprays and similar products

- Maintain a humidity between 35 and 50 percent
- Keep temperatures comfortable but low. Dust mites thrive in temperatures above 70 degrees fahrenheit
- Prevent exhaust fumes from cars/buses from entering indoors.
- Use air-purifying machines and humidifiers where necessary.

You can obtain further information on asthma and other allergies by contacting the American Lung Association of Maine
Toll Free at 1-800-499-5864

HEALTH CARE PROVIDERS

Chiropractic

Comeford Chiropractic
Dr. Timothy Comeford
176 Main St., Bethel • 824-3899
Island Chiropractic Clinic, P.A.
Dr. Tammy Seed • Dr. John Swift
89 Congress St., Rumford
364-4006 • 364-2278

Dentistry

Dr. John R. Mason, DDS
N.W. Bethel Rd, Bethel • 824-3378

Energy/Bodyworkers

Polarity Energy Therapy
Emily Ecker, LSW, CPP
Work: Bethel • 824-3889
Home: Bryant Pond • 665-2577
Work: Lewiston • 795-4050 (YWCA)

Eyewear

Pro Vision Centers
150 Main St., S. Paris • 743-6577
Auburn Mall, Auburn • 783-1394

Health Centers

Bethel Area Health Center
Railroad St., Bethel
824-2193 or 1-800-287-2292

Health Food/Nutrition

The Good Food Store
Route 2, Bethel • 824-3754

Hearing Specialists

Beltone Hearing Center of Maine
108 Main Street, Norway
743-8747

Sparkes Hearing Services
23 Front Street, Farmington
1-800-778-9545

Hospitals

Androscoggin Valley Hospital
59 Page Hill Road
Berlin, NH 03570, (603) 752-2200

Stephens Memorial Hospital
80 Main Street, Norway
743-5933

Massage Therapists

Therapeutic Massage
Janet Willie, C.M.T.
PO Box 944, Bethel • 824-3889

Optometrist

Dr. Lennie Shaw, O.D.
Lower Main Street, Bethel
824-2227

Pharmacy

Preb's Marketplace Pharmacy
Specializing in your good health
14 Main St., Bethel • 824-2820

Physicians

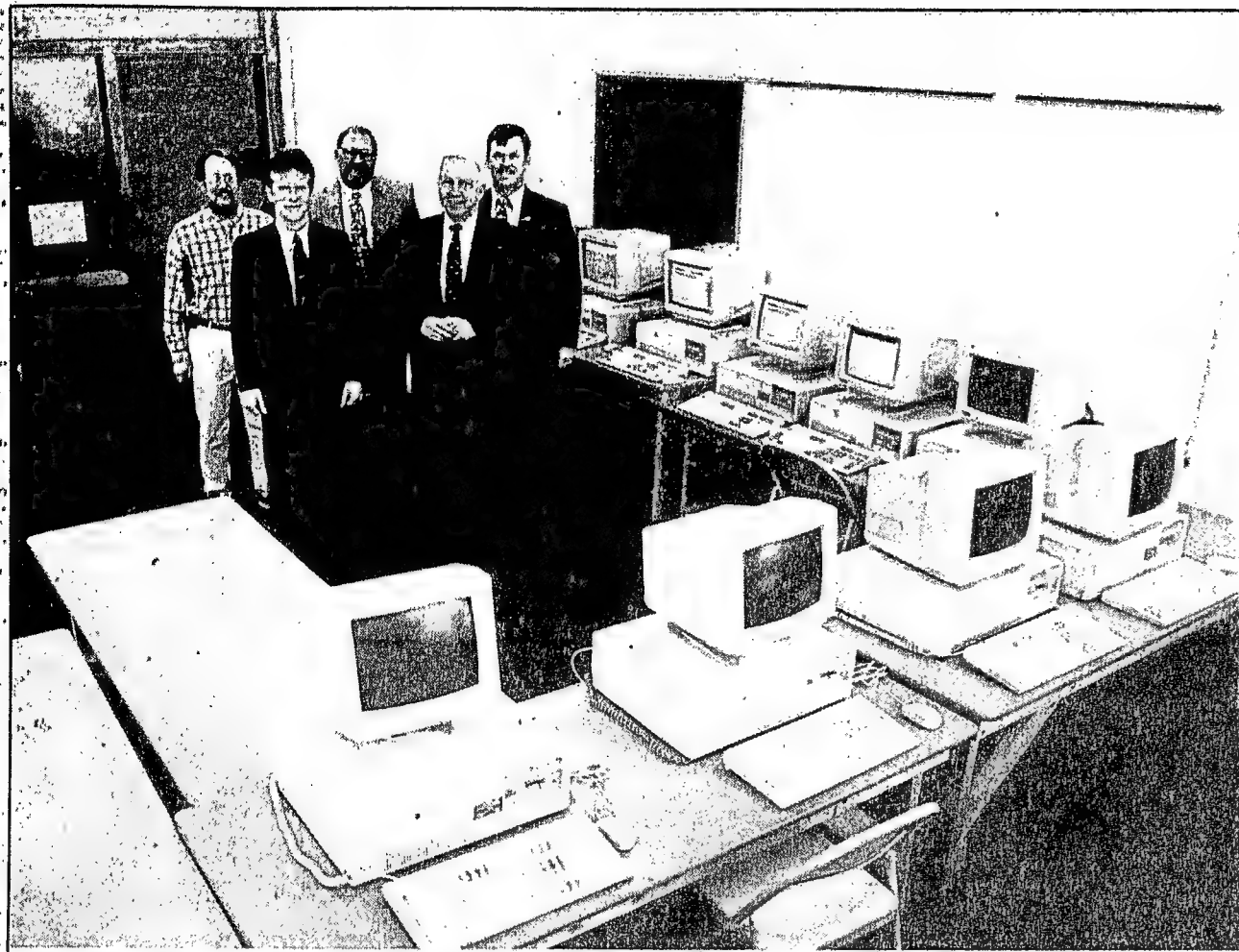
Mountain Health Services:
Primary Care Physicians
2 Broadway, Gorham • (603) 466-2741
59 Page Hill Rd, Berlin • (603) 752-2900

Riverside Family Practice
Thomas M. O'Meara, M.D.
Catherine Dorr, PA-C
Cathy Heffernan, C.N.M.
Northwest Bethel Road, Bethel
207-824-6252

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GOVERNMENT DONATES COMPUTERS—SAD44 has acquired 30 computers for free, compliments of Hanscom Air Force Base in Massachusetts. The computers were available through a program that allows federal agencies to donate equipment they no longer use to schools. Ralph Wright, special assistant in the U.S. Department of Education's Region I office in Boston, put the district in touch with the program when he visited SAD44 in the fall. The computers will need to be upgraded, but it will only cost about \$300 to do all of them, according to principal David Murphy. Shown here with some of the computers are front (from left): Robert Dunley Jr., regional administrator for the U.S. General Services Administration (New England region), Wright. Back: SAD44 computer technician Peter Kuzyk, SAD44 Supt. Dr. Kent Webster, and Murphy.

(Photo by Alison Aloisio)



school lunch menu

WEEK OF FEBRUARY 3

SAD44 Breakfast Program

Monday: Cereal choices, toast, fruit juice, milk.
Tuesday: Pancakes (2), fruit juice, milk.
Wednesday: Cereal choices, toast, fruit juice, milk.
Thursday: Toasted bagel, cream cheese, fruit cup, milk.
Friday: Cereal choices, toast, fruit juice, milk.

SAD44 Lunch Program

Monday: BBQ roll, veggie bar, fruit bar, milk.
Tuesday: Ham and cheese roll, veggie bar, fruit bar, milk.
Wednesday: Pizza or ravioli, bread and butter, kernel corn, orange, milk.

Thursday: Fish treats, potato fries, garden peas, fruit juice stick, milk.
Friday: Taco haystacks (taco meat, lettuce, cheese, tomato, black olives), nacho chips, veggie bar, fruit bar, milk.

Oxford Hills Lunch Program

Monday: Hamburger in gravy, mashed potato, bread and butter, fruit, milk.
Tuesday: Chicken patty on a bun, buttered peas, Ninja Turtle fruit snack, milk.
Wednesday: Tuna salad on w/w bread, Cheetos puffed curls, fruit, milk.
Thursday: Chop suey, golden corn, bread and butter, fruit, milk.

Friday: Chicken noodle soup, chicken salad sandwich, veggie sticks, fruit, milk.

O.H. Middle School Lunch

Monday: Pepper steak on bun, hot pasta, salad bar, fruit.
Tuesday: Tuna salad on w/w bread, fresh veggies or salad bar, soup, potato chips, fruit.
Wednesday: Meatball sub w/cheese, potato puffs, veggie sticks or salad bar, fruit.
Thursday: Chicken patty, French fries, salad bar w/bread, cranberry sauce, fruit.
Friday: Dagwood on bun, potato chips, salad bar w/bread, fruit.

Agnes Gray School



by Marta Clements

On Feb. 5 at 7 p.m. representatives from the SAD17 administration and Board of Directors will be holding a budget workshop at the Agnes Gray School gym. The purpose of the workshop is to present information to and receive input from community members in preparation for the spring budget referendum.

Last week the second-graders learned how the United States celebrates Martin Luther King Day. The whole school is participating in a walk-a-thon to raise money for our music program. The second quarter closed on Friday, Jan. 24. Progress reports will be coming home on Tuesday, Feb. 4. The year is half over!

Fifth-grade teacher and resident computer expert, Jim Burke, is offering some Macintosh computer classes on Feb. 3, 10, 17 and 24. This will be introduction and practice. There is only room for 12. Call Mr. Burke if you're interested.

We are enjoying the snow with sliding on Derby Hill, preparing for science activities coming up in February, doing lots of regular work.

The next Parent Volunteer meeting is scheduled for Feb. 11 at 6:30 p.m. Make note, please.

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Dean's list

AT BABSON COLLEGE

Misty Lynn Hutchins, daughter of Jeffery and Elaine C. Hutchins of Gilead, has been named to the dean's list for the fifth consecutive semester at Babson College. She has a 3.5 cumulative grade point average and is a finance and investment major. She will be interning this spring at Prudential Securities in Wellesley, Mass.

AT ALFRED UNIVERSITY

Nancy B. Morgan, a sophomore at Alfred University, was named to the Dean's List for the fall semester. Morgan, a biology major, is a graduate of Gould Academy. She is the daughter of Mr. and Mrs. Maynard A. Morgan of Bethel.

AT ECKERD COLLEGE

Cherilyn Myers, daughter of Bill and Vicky Myers and granddaughter of Norris and Barbara Brown of Bethel, has been named to the dean's list at Eckerd College in St. Petersburg, Fla., for the fall semester. She is a business major.

LOCAL GYMNAST SHINES

Camden Elliott-Williams placed first all-around in the Level 6, ages 10-11, competition at the state-wide meet held at Maine-Ly Gymnastics in Augusta on Jan. 18. In the individual events he came in first in rings, high bar and parallel bar, second in vault, and third in floor and

pommel horse.

Camden competes for Andy Valley Gymnastics in Auburn. Last spring he made it all the way to the Northeast Regional Competition in Amherst, Mass. He is the son of Bob Elliott and Patricia Williams of Woodstock.

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School sports

Boys' Varsity Basketball

Telstar 65, Livermore Falls 37

Jan. 27--Tony Buker had 20 points to lead the Rebels to a win over Livermore Falls. Other scorers: Wade Luxton (14); Jason Mullen (10); Jason Berry (6); Sandon Morgan (6); Alan Russell (3); Tim Hebert, Jason Rosenberg, Jeremy Curley, two each.

Telstar 66, Leavitt 55

Jan. 25--Jason Mullen scored 18 points and Tony Buker and Wade Luxton had 16 each as the Rebels beat Leavitt. Sandon Morgan had 10 points.

Hyde 49, Gould 34

Jan. 25--Though the Huskies stopped Hyde School in Bath earlier this season, Hyde roared back to stop the Huskies in Farnsworth Field House Saturday.

Hall-Dale 65, Telstar 45

Jan. 24--Tony Buker had 19 points as Telstar was defeated by Hall-Dale. Other scorers were: Jason Mullen (9); Sandon Morgan (7); Wade Luxton (6); Cory Koch (5); Jason Berry (4). Koch had a three-point goal.

Averill 78, Gould 63

Jan. 22--Though Gould jumped out to an early first quarter lead, Averill had taken control by the middle of the second period and never looked back. Eugene Covington scored 30 points for the Huskies.

Gould 51, Kents Hill 28

Jan. 20--The Huskies improved their record to 7-2 with a big win over Kents Hill School. Tyler Wentworth led the offense with a game-high 22 points.

Girls' Varsity Basketball

Telstar 42, Hall-Dale 39

Jan. 24--Beth Howe led the Rebels with 20 points in a win over Hall-Dale. Other scorers were: Jen Stevens (9); Sarah Richardson (8); Sarah Seames (2); Casey Brown (2); Mandy Berry (1). Stevens and Berry had 10 and seven rebounds, respectively. "Rebounding played a key role in the game," said coach Ray Seames. "We held Hall-Dale to only three offensive rebounds for the entire game." The Rebels' win tied the school record for most season wins, set by the 1982-83 team.

Boys' X-C Skiing

ELHS 21, OHHS 21, Telstar 48, Lew. 65

Jan. 22--Jason Hebert finished sixth and Jerry Bernier eighth for the Rebels in a five-kilometer race at Telstar.

Girls' X-C Skiing

ELHS 10, ELHS 39, Telstar 49, Lew. 67

Jan. 22--Telstar's Liza Fyrberg finished sixth and Jessie Wight 10th in a 5-k race at Telstar.

Boys' J.V. Alpine Skiing

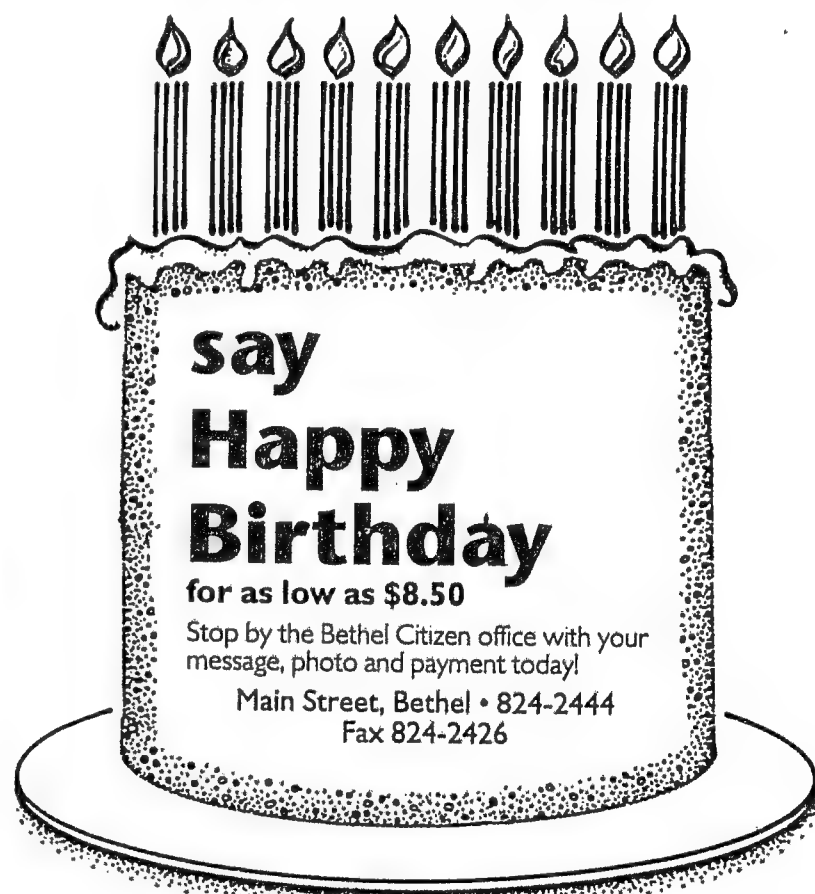
Jan. 22--The Huskies won their second consecutive MAISAD ski meet last Wednesday. Wick Foster took first place while Jamie Grantham and Colin Warren placed 3rd and 7th, respectively, to secure the win over Hebron, Waynflete, Fryeburg, Bridgton, and Kents Hill.

Girls' J.V. Alpine Skiing

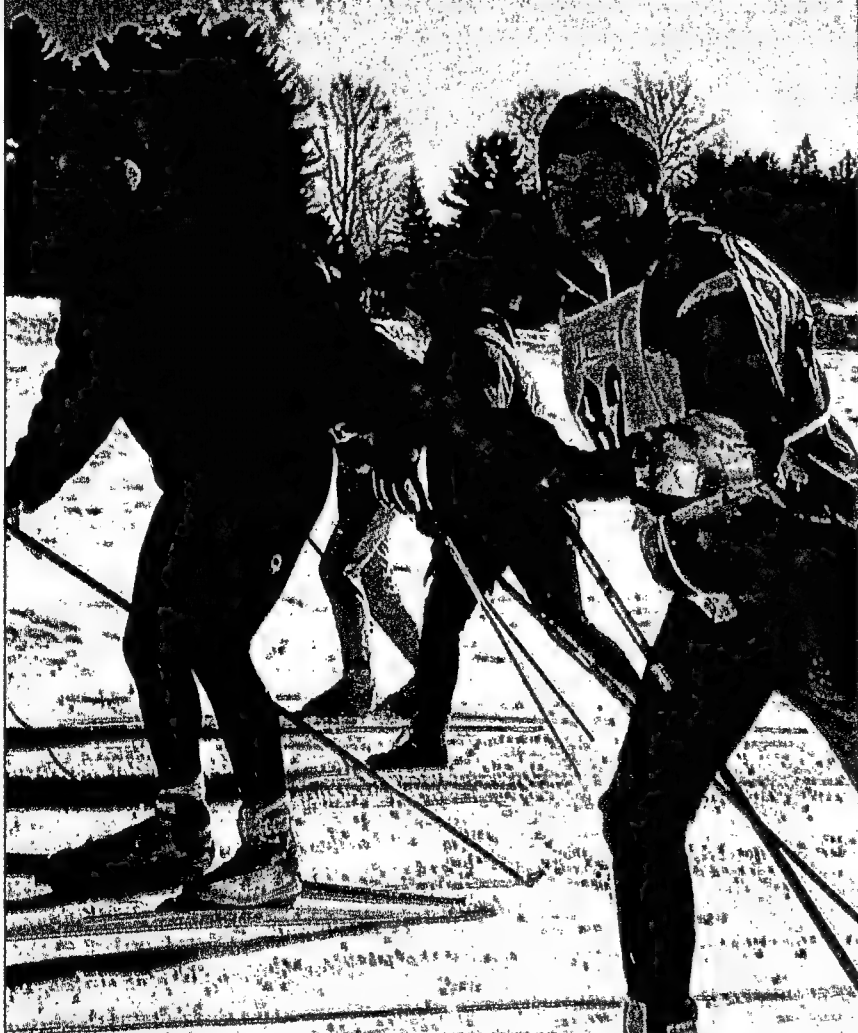
Jan. 22--Gould skiers took three of the top five positions to easily win a MAISAD ski meet. Leslie Robbins won the individual event while Liz Beebe and Sarah Marshall took 2nd and 5th, respectively.

Eastern X-C Skiing

Jan. 25--Gould's Lindsey Molyneux placed 10th among girls ages 16-19 in Saturday's Junior Olympic Qualifier at Black Mountain. On Sunday at Gould Academy's Eastern Cup and Junior Olympic Qualifier, Molyneux placed 5th among the same age group while teammate Maggie Shaner took 19th. Joran Elias took top honors for the boys placing 17th while teammates Scot Sawyer and Adrian Anderson placed 29th and 43rd, respectively.



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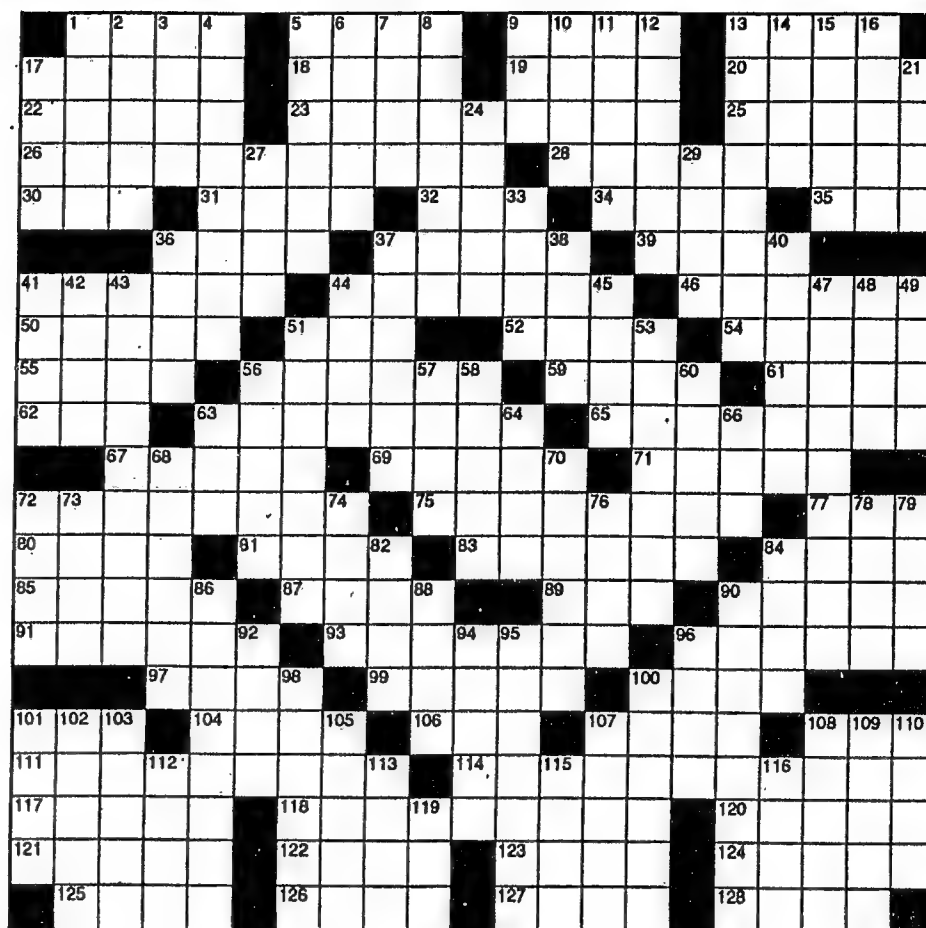
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Super Crossword



Community Calendar

Activities

Free Skiing on Storm Days for SAD44 community at Sunday River Skiway. Ask at Sunday River's Guest Service desk for pass.

January and February (as long as the snow cover lasts) on Saturdays and Sundays from 1 to 4 p.m. Norlands Living History Center, Livemore, will offer Jingle Bell rides. Ride through woods and fields, bells a-jingle, in a big horse-drawn sled. Enjoy popcorn and hot chocolate afterward in the Farmer's Cottage. Adults, \$5; children, \$3. For information call 897-4366.

Friday, Jan. 31, 6 p.m.—Rumford Area Singles special events discussion/friendly hour with dinner followed by dancing at Madison Motor Inn Game Room, Rumford.

Hymn sing at Pinhook Meeting House, 7 p.m. Everyone welcome.

Saturday, Feb. 1—Potluck Dinner and Contra Dance sponsored by Newry Recreation Committee at Newry Grange Hall. Dinner served 5:30 to 7 p.m., dance will begin at 7 p.m. and feature music by Scrod Pudding, who will call the dances and explain what to do. Bring hot dish and come join the fun. No charge. Everyone welcome.

Rabies Clinic, 2 to 4 p.m., at the Fire Station in Andover. Bring neutering info and current rabies certificate for dog license issue.

Potluck Supper hosted by Snow Valley Sno-Goers, Andover, at the CEB at 6 p.m.

Scavenger Hunt, 10 a.m. to 8 p.m., hosted by Bethel merchants, with hunt forms available in the morning at either Bethel Inn Cross Country Ski Center or the Gould Academy Field House (L.L. Bean X-C Ski Festival). Prizes. Everyone welcome to participate.

Herbs & Health Fair, sponsored by the Herbal Resource Center of Maine, at The Senator Inn, Western Avenue in Augusta from 10 a.m. to 4 p.m. Admission \$3 (\$2 for members of the Center). For information, call 265-5636.

"Moving with Ease" workshop (9:30 to 11:30 a.m.) by Janet Willie, massage therapist, at Therapeutic Massage, 2 Broad Street, Bethel. Simple, easy, comforting movement patterns can bring ease to daily movements. Call 824-3889 to register or for more information.

Monday, Feb. 3, 10 a.m.—Mountain View Knitters, TKGA, Day Group meeting at Saint Elizabeth Ann Seton Church, Fryeburg. Edith Bartlett, Harrison, will show miniature dolls made with fine yarns. Odds and ends of fingering yarn needed, including neutral colors for doll faces. Bring small-sized, 4-needle sets. For information call Grace at 693-6782. Visitors welcome.

Ross Swain, noted ragtime pianist, will be featured at the Monday Evening Concert at Hebron Academy's Fine Arts Center at 6:45 p.m.

Wednesday, Feb. 5, 6:30 p.m.—The new local Toastmasters club will meet at Dixfield Library on Route 2. Anyone interested in practicing and improving communication skills is welcome. For

more information, call Donna Rae Menard at 935-2713 (days).

Thursday, Feb. 6, 7:30 p.m.—Bethel Historical Society monthly meeting. "Joshua Chamberlain and the 20th Maine" will be the featured presentation.

Woodstock-Greenwood Senior Citizens meeting and potluck dinner at Town Annex, Bryant Pond, at 11:30 a.m. Bring hot dish, salad or dessert and place setting.

Saturday, Feb. 8, 7 to 11 p.m.—Ellis River Riders Horse Club will host a Casino — Black Jack, Horse Race, Chuck-a-luck, Sealed Tickets and more — at Eagles Club, Rumford Avenue, Rumford. Fun for everyone. For more information, call Annette at 364-3740.

Saturday and Sunday, Feb. 8-9, The Mushers Bowl, Maine State Championship Sled Dog Races, will be held on Highland Lake, Bridgton. For more information, call 647-3472.

Sunday, Feb. 9, 1 p.m.—Card Party at American Legion Hall, Locke Mills. \$5 donation to benefit the Homeless Veterans Shelter in Waterville.

Maine Hoops AAU Boys' Basketball tryouts at Catherine McAuley High School, Portland. Players should report 30 minutes early and need to bring \$15 registration fee. 11u—10 to 11:30 a.m.; 12u—12 to 1:30 p.m.; 13u—2 to 3 p.m.; 14u—4 to 5:30 p.m. Interested coaches and parents encouraged to attend. For information call Tom Nolette (775-2829) or Chuck Smith (646-1852).

Wednesday, Feb. 12, 11 a.m.—Bethel Senior Citizens Club dinner (\$6) and meeting at West Parish Congregational Church. Following dinner the citizens will attend a stage presentation by Gould Academy students at Bingham Auditorium with a reception following.

Library Hours

Andover Library: Tuesday, Wednesday, Thursday and Saturday, 1-4:30 p.m.; Thursday, 6 to 8 p.m. Tel. 392-4841.

Bethel Library: Monday, 9 a.m. - 1 p.m.; Tuesday, 1-5 p.m.; Wednesday, 1-5 p.m., 6-8 p.m.; Thursday 1-5 p.m.; Friday, 4-8 p.m.; Saturday, 1-5 p.m. Story Hour for preschoolers, Thursday, 10-11 a.m. (September through May). Michelle Conroy, Librarian.

Whitman Memorial Library, Bryant Pond: Tel. 665-2505. Library hours: Tuesday and Thursday, 10 a.m. - 8 p.m.; Saturday, 10 a.m. to 4 p.m.

Hamlin Memorial Library, Paris Hill: Tuesday-Friday, 11:30-5:30; Saturday, 10-2; Wednesday evening, 7-9 p.m. Tel. 743-2980.

West Paris Library, West Paris: Monday 1:30-5 p.m.; Wednesday, 1:30-7 p.m.; Friday, 1:30-5 p.m.

Gardner Roberts Memorial Library, Hanover: Wednesday, 10-12 through July and August. Story Hour, 10:30 a.m.

Upton Public Library: First and third Thursday of each month, 6:30-8 p.m.

Church Services

Bethel

West Parish Congregational—Rev. Brendon Bass and Rev. Jean Bass, 10:30 a.m. worship and Sunday School. Nursery care provided. Prayer, Monday, 8 a.m.

Church of the Nazarene—Rev. John Grant, 9:30 a.m. Sunday school. 10:30 a.m. morning worship. 6 p.m. evening service.

Our Lady of the Snows—Rev. Lawrence Conley, Mass—Saturday, 4:30 p.m.

Bethel Alliance Church—Rev. Richard Mowery, 9 a.m. Sunday school. 10 a.m. worship service. 6 p.m. evening service.

United Methodist—Rev. Henry S. Nickerson, Pastor, 4:30 p.m. Saturday worship service; 10 a.m. Sunday worship and Sunday School. Nursery care provided.

West Bethel Union—Pastor Joyce Scott, 9 a.m. worship and church school.

Pleasant Valley Bible—Pastor Clifford McMullen, 9 a.m. Sunday school. 10 a.m. worship.

Episcopal House Church—at Bohrs' on 38 Chapman Street, 4 p.m., fourth Sunday of each month 824-2913.

Church of Christ—at home of Keith Hamel, minister, 507 Walker's Mill Road (Rt. 26), Bethel. Worship at 10 a.m. Sunday, Bible study at 11 a.m. 824-3577.

Woodstock

Bryant Pond Baptist—Rev. Linwood Hanson, 9:15 a.m. Sunday school. 10:30 a.m. worship service. 6 p.m. evening service.

Woodstock Seventh-day Adventist—Pastor Richard Wright (207-797-9678), Saturday: 9:20 a.m. Sabbath school. 11 a.m. worship service.

Andover

First Congregational Church—



Reach

Rape Ed. and Crisis Hotline 1-800-622-2365. Sexual abuse helpline, 743-9777. Past or present victims of abuse.

Exchanges

District Exchange—Open every Monday 1-4 p.m., Thursday, 4-6 p.m. and the first Saturday of each month from 10 a.m. to 1 p.m. at the Ethel Bisbee School, Bethel. Clothing on sale, food available for those in need.

Community Service Center—Supplies available for emergencies and disaster relief at Thurford Hall, Perkins Valley Road, South Woodstock. For aid or information call 674-2663.

Safe Hangouts

After school safe hangout in the multi-purpose room of the United Methodist Church in Bethel from

Pastor Jane Rich, 10 a.m. Sunday worship service. Religious education: Monday-Sunday School 2:45-4:15 p.m. beginning Oct. 21.

Calvary Congregational Church—Winter hours: worship service 10:45 a.m., fellowship brunch following. Sunday School 9:30-10:30 a.m. Wed. nights, Bible study and prayer meeting, 6:45 p.m. Rev. Duane Waite.

Locke Mills

Locke Mills Union—Rev. Deborah M. Jenks, 9 a.m. worship and Sunday school.

East Stoneham

East Stoneham Congregational—Rev. Janice Wilcox, 10 a.m. worship in February, April, June, August, October and December. 9 a.m. church school (Oct.-June).

Newry

Newry Community Church—Rodney H. Hanscom.

Albany

Congregational Church - Hunt's Corner, 9:30 a.m. Sunday summer worship, June 2 through September 29. Pastor Eddie Gammon.

Norway/Paris

Christian Science Society (9 Stevens St.)—Sunday Service 10 a.m., Wed. Testimony Service 7:30 p.m. Call 824-4099 for info.

Trinity Evangelical Lutheran Church—Route 117N, S. Paris, 9 a.m. Sunday school, 10:15 a.m. worship followed by coffee fellowship. Summer service 9 a.m.

West Paris Baptist—Pastor Gordon DeHaas. Sunday worship 9 a.m., 6:45 p.m. Sunday School 10:15 a.m.

North Paris Baptist—Sunday worship 10:30 a.m.

2:30 to 5:30 p.m., Mon.-Fri. Music, computer access, help with homework. Telstar students welcome. For more info, see Tim Nickerson or Jessica Coolidge.

Abused Women's Advocacy Project

AWAP serves all of Oxford County and provides emergency shelter, court advocacy and support groups with child care. Rumford office 369-0750; Norway office 743-5806; 24-hour hotline 1-800-559-2927.

Veterans' Services

(State/VA Benefits) Maine Veterans Home, S. Paris, first and third Wednesday each month, 9 to 12 a.m.; Rumford Employ. Sec. Bldg. (364-3718), second and fourth Thursday, 9 to 12 a.m.; Lewiston (795-4590), 200 Main St., 7:30 a.m. to 4 p.m., Monday thru Friday.

Monthly Meetings

Every Sunday: Western Mountains Meditation Group, Center for Natural Healing, 47 Pioneer Street, West Paris, 9:30 a.m. 674-3961.

First Monday: Newry Community Ladies' Circle, 12:30 p.m. V.F.W., Lions' Hall, Bethel, 7 p.m. 824-2587.

Second and Third Monday: Bethel Board of Selectmen meets at the Town Office, 7 p.m.

Second Monday: Newry Mother's Club meets, 7:30 p.m. Daughters of Union Veterans of the Civil War, J. Grover Tent #17, Bryant Pond, JR Grange Hall, 7 p.m. For more info. call 665-2460.

Second and fourth Monday: SAD44 Board of Directors meets in Bethel, Woodstock or Andover at 7:30 p.m. Call 824-2185 for meeting place.

The Gilead Fire Department meets at the Fire Station at 7 p.m. Bethel Airport Authority, 7 p.m. Call town office for meeting place in Feb. and March.

Every Monday: Mahoosuc Music Makers rehearsal, 7-9 p.m., West Parish Congregational Church.

Grief group (for the loss of a loved one) meets from 6-8 p.m. in the conference room of the Bethel Area Health Center.

First Tuesday: Woodstock Planning Board meets at 7 p.m. at Town Office.

First and Third Tuesday: Woodstock Board of Selectmen meets at the Town Office, 5 p.m.

The Greater Rumford Alliance for the Mentally Ill-Children and Adolescent Network (GRAMI-CAN) Support, education and advocacy. Meets in the former St. John's rectory from 6:30-8 p.m. in Rumford. Contact Diane at 369-0542.

The Bethel Lions Club meets at the Lions Den on Main Street at 7 p.m.

Second Tuesday: Mundt-Allen Post, American Legion, meeting at 7:30 p.m. Supper starts at 6:30 p.m.

Telstar Alumni Association meets at 6:30 p.m. at the Telstar Library.

Second and Fourth Tuesday: Woodstock Planning Board meets at 7 p.m.

Third Tuesday: Pine Tree Legal Assistance at Bethel Area Health Center, starting at 10 a.m.

Every Tuesday: Bethel Rotary Club meets at The Bethel Inn, 7:30 a.m.

Greenwood Board of Selectmen meets at the Town Office, 7 p.m.

Andover Board of Selectmen meets at the Town office, 7 p.m.

Newry Board of Selectmen meets at the Town Office, 9 a.m.

Cross-Country Quilters meet at the Bethel Library from 8:30 to 10:30 a.m.

First Wednesday: Purity Chapter 102, OES, 6:30 supper, 7:30 meeting.

Greenwood Historical Society meets at the Society Building, Main St., Locke Mills, 7:30 p.m. Gilead selectmen meet at the Town Office, 7 p.m.

Bethel Area Arachnes Spinning Group, 10 a.m. to 3 p.m., West Parish Congregational Church. Potluck luncheon.

Second Wednesday: Single parent support group meets at the West Parish Congregational Church, 7-9 p.m.

CPS/PTA meets from 6:30 - 8 p.m. Babysitting provided. First and Third Wednesday: Newry Planning Board, Town Office, 7 p.m.

Third Wednesday: Bethel Area Arachnes Spinning Group, West Parish Congregational Church, 7 to 9 p.m.

Second and Fourth Wednesday: Bethel Planning Board meets at the Town Office, 7 p.m.

Fourth Wednesday: Daughters of Union Veterans of the Civil War, H.F. Richardson Tent #19, East Stoneham, K of P Hall, 7 p.m. For more info. call 928-2611.

Women's Fellowship, West Parish Congregational Church, Garland Chapel, Bethel, 9:30 a.m.

Every Wednesday: TOPS (Take Off Pounds Sensibly), 5:45-7 p.m., Telstar H.S. cafeteria.

First Thursday: United Methodist Women meet at the Bethel Methodist Church at 1 p.m.

Upton Board of Selectmen meets, 6 p.m.

Bethel Historical Society, Dr. Moses Mason House, 7:30 p.m.

Second Thursday: Board of Directors of Bethel Area Chamber of Commerce meets at Crescent Park School conference room, 7:30 a.m.

Newry Fire Auxiliary meets at the Town Office, 7 p.m.

Bethel Lodge No 97, AF & AM.

Bethel Lodge #97 meets.

The Bethel VFW Memorial Post 11363 meets at the Lions Hall on Main Street at 7 p.m.

First and Third Thursday: Jackson-Silver Post, Locke Mills, 7 p.m.

Fourth Thursday: Bethel Area Poets Society Reading, 7 to 9 p.m., Bethel Bagel and Deli. Call 824-3427 for more info.

Every Thursday: Andover Water District Board of Directors meets at 7 p.m. at Town Hall.

West Paris Board of Selectmen meet at the Town Office, 6:30 p.m.

First Friday: The Oxford County Mineral and Gem Association meets at 7 p.m. at the Newry home of Norman and Eleanor Davis, 824-2844.

Third Friday: Mt. Abram Lodge, IOOF, 7:30 p.m.

Every Friday: Game Party at Jackson-Silver Post No. 68, Gore Road, Locke Mills, 6 p.m.

First Saturday: Western Maine Mountain Jeepers meet at 7 p.m. at Bethel Fire Station.

Second Saturday: Woodstock Historical Society meets at 7 p.m. in historical society museum. Open to public.

Last Saturday: Upton Planning Board meets at 9 a.m. at the Town Office.

Items for the Community Calendar may be brought to The Bethel Citizen office or mailed in or phoned in at 824-2444.

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THURSDAY EVENING JANUARY 30, 1997										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Seinfeld	NHL Hockey: Boston Bruins at Florida Panthers					News	Mad-You	Real TV	
(5)	Waltons	Highway to Heaven	Rescue 911				700 Club	Carson	Carson	
(6)	Home Imp.	Seinfeld	Friends	Single Guy	Seinfeld	Truth	ER	News		
(8)	Fortune	Jeopardy!	High Incident		Movie: "Freejack"			News		
(10)	News-Lehrer	Maine	Maine	Mystery!			Love Hurts	Manor Born	Red Green	
(11)	Sportsctr.	College Basketball: Mass. at G. Washington					College Basketball: Cincinnati at Louisville		Sportsctr.	
(12)	Dukes of Hazzard	Championship Rodeo	Prime Time Country				Today's Country	Dallas		
(13)	Ent. Tonight	Real TV	Diagnosis Murder	Moloney			48 Hours	News		
(14)	Celtics	Hoops USA	College Basketball: Indiana at Ohio State				NBA Action	NHL Hockey: Whalers at Kings		
(15)	Movie: "Bye Bye, Love"				Movie: "Mercenary"				Inside the NFL	
(17)	Movie: "Gay Purr-ee"		Weird Al Yankovic		Movie: "The Great Outdoors"				Movie: "Ice Castles"	
(18)	"Trapped in Paradise"		Movie: "Kiss of Death"				Movie: "Vampire in Brooklyn"			
(20)	Front Row	PBT Billiards: Legends of Nine-Ball Championship				Front Row	Sports	College Basketball: Ariz. at Wash. St.		
(21)	Celebrity Weddings	Unsolved Mysteries			Movie: "Fatal Vows: The Alexandra O'Hara Story"			Living	Mysteries	
(22)	Videos	Videos	Movie: "Big Trouble in Little China"				Movie: "I'm Gonna Get You Sucka"			
(24)	Doug	Rugrats	Alex Mack	Happy D	I Love Lucy	Munsters	M.T. Moore	Rhoda	Taxi	Odd Couple
(25)	"The Perfect Furlough"		Movie: "The Big Trail"				Movie: "The Tarnished Angels"		Perfect	
(26)	Highlander: The Series		Murder, She Wrote		Movie: "Almost an Angel"				Silk Stalkings	
(27)	Equalizer		Biography		Ancient Mysteries		Unexplained		Law & Order	
(32)	Sign-Off Cont'd									
(34)	Fam. Mat.	Bzzzl	Movie: "Bloodsport"				News		Wiseguy	
(39)	Moneyline	Crossfire	Prime News	Politics	Larry King Live		World Today		Sports Illus.	Moneyline

FRIDAY EVENING JANUARY 31, 1997										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Seinfeld	Mad-You	Sentinel				Star Trek: Voyager	News	Martin	Mad-You
(5)	Movie: "The King and I"						700 Club	Carson	Carson	
(6)	Home Imp.	Seinfeld	Unsolved Mysteries				Homicide: Life		News	
(8)	Fortune	Jeopardy!	Fam. Mat.	Boy-World	Sabrina	Clueless	20/20		News	
(10)	News-Lehrer		Wash. Wk.	Wall St.	Keeping Up	Mr. Bean	Wait God	'Allo, 'Allo!	Served	Red Green
(11)	Sportsctr.	NFL Great	Winter X-Games						Sportscenter	
(12)	Dukes of Hazzard		Auto Racing: World of Outlaws						Dallas	
(13)	Ent. Tonight	Real TV	Dave's	Raymond	JAG			Nash Bridges	News	
(14)	NBA Basketball: Portland Trail Blazers at Boston Celtics				NBA at 50		One Goal	NHL Hockey: Whalers at Mighty Ducks		
(15)	Inside the NFL		Movie: "Waiting to Exhale"					Movie: "Till the End of the Night"	Dennis M.	
(17)	Movie: "Balto"		Movie: "Iron Will"					Movie: "Chips, the War Dog"		
(18)	"Tommy Boy" Cont'd		Movie: "The Sweeper"					Movie: "Fair Game"	Erotic	
(20)	Front Row	AHL Hockey: Fredericton Canadiens at Worcester IceCats					Sports		FOX Sports News	
(21)	Dish	Pandora	Wire	Dates	Movie: "Little Girls in Pretty Boxes"				Dish	Pandora
(22)	Videos	Videos	Movie: "Fast Times at Ridgemont High"					Movie: "Better Off Dead"		
(24)	Doug	Rugrats	Kablam!	Happy D	I Love Lucy	Munsters	M.T. Moore	Rhoda	Taxi	Odd Couple
(25)	"Thunder on the Hill"		Movie: "This Earth Is Mine"					Movie: "The Glenn Miller Story"		
(26)	Highlander: The Series		Movie: "Conan the Destroyer"				La Femme Nikita		Big Easy	
(27)	Equalizer		Biography		Movie: "The Road Warrior"				Law & Order	
(32)	Sign-Off Cont'd									
(34)	Fam. Mat.	Bzzzl	Movie: "Honey, I Shrunk the Kids"				News		Wiseguy	
(39)	Moneyline	Crossfire	Prime News	Politics	Larry King Live		World Today		Sports Illus.	Moneyline

SATURDAY EVENING FEBRUARY 1, 1997										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	NHL Hockey: Boston Bruins at Tampa Bay Lightning				Burning Zone		News	M*A*S*H	Star Trek: Voyager	
(5)	Lonesome Dove				Movie: "The Longest Day"					
(6)	Home Imp.	Seinfeld	Dark Skies		Pretender		Profiler		News	Sat. Night
(8)	Fortune	Jeopardy!	Movie: "Groundhog Day"				Relativity		News	Psi Factor
(10)	Maine	True North	Pallisers		Lovejoy	Mysteries	Red Dwarf	Blackadder	Invasion-Body	
(11)	Sportsctr.	NFL Prime	Winter X-Games						Sportscenter	
(12)	Hee Haw		Opry	Grand Opry	Staller Bros.		Galther Band		Opry	Grand Opry
(13)	Star Trek: Deep Space 9		Medicine Woman		Early Edition		Walker, Texas Ranger		News	
(14)	NBA at 50	College Basketball: Connecticut at Seton Hall					College Soccer: UMBRO Select All-Star Classic			
(15)	"Going Under" Cont'd		Movie: "Executive Decision"				Comedy Hour: Damon Wayans		Real Sex	
(17)	Movie: "The Muppet Movie"		Goofing		Movie: "Rudyard Kipling's The Jungle Book"				Battle for Planet of Apes	
(18)	"Star Trek Generations"		Movie: "The Mangler"				Movie: "Under Siege 2: Dark Territory"			
(20)	College Hockey: Massachusetts at New Hampshire				Hockey Wk.		FOX Sports News		FOX Sports News	
(21)	"Flashdance" Cont'd		Movie: "China Moon"				Traders		Girls' Night Out	
(22)	WCW Saturday Night		Movie: "The Enforcer"				Movie: "McQ"			
(24)	Doug	Rugrats	Kenan-Kel	Alli That	Shelby Woo	You Afraid?	I Love Lucy	Lucy and Desi		Happy D
(25)	Friendly		Movie: "House on Haunted Hill"		WENN		Movie: "What Price Glory?"			Tobacco
(26)	Lost-Earth	Duckman	Movie: "True Crime"				Movie: "The Member of the Wedding"			
(27)	Mysteries of the Bible		Biography This Week		Investigative Reports		Daredevils!			
(32)	Sign-Off Cont'd									
(34)	Fam. Mat.	Riches	Movie: "National Lampoon's Animal House"				News		Night Court	For a Few
(39)	Capital	Politics	Prime News	Sports Illus.	Larry King Weekend		World	Sport Life	CNN/Sports Illustrated	

BETHEL CITIZEN TV LISTINGS

- | | |
|------------------------|-----------------------------------|
| 2 C-SPAN | 24 Nickelodeon |
| 3 WSBK-TV 38, Boston | 25 American Movie Classics (AMC) |
| 4 Channel IV, Bethel | 26 USA Network |
| 5 TBS | 27 Arts & Entertainment (A&E) |
| 6 WCSH, NBC Portland | 28 QVC Home Shopping |
| 7 Sunday River Ski TV | 29 History |
| 8 WMTW, ABC, Auburn | 30 Inspirational Network |
| 9 WPXI, FOX, Portland | 31 Sci-Fi |
| 10 WCBB, PBS, Lewiston | 32 FAM |
| 11 WWOR - NY | 33 CNN Headline News |
| 12 WBN - Chicago | 34 TNN |
| 13 WGME, CBS, Portland | 35 Video Hits - 1 (VH-1) |
| 14 SHOWTIME | 36 Country Music Television (CMT) |
| 15 HBO* | 37 Discovery Channel |
| 16 Encore | 38 MTV Music Television |
| 17 The Disney Channel* | 39 Cable News Network (CNN) |
| 18 Cinemax* | 40 TNT |
| 19 FLIX | 41 Sports Channel |
| 20 NESN* | 42 TLC |
| 21 STARZ | 43 Weather |
| 22 ESPN | 44 Lifetime |
| 23 Financial | * Premium Channels |

Bethel Selectmen's Meetings

On weeks in which the Bethel selectmen meet (usually the weeks of the first and third Mondays in the month) the meetings will be televised on Channel IV. The broadcasts will normally be at 7 p.m. on Friday, but schedule modifications will occasionally be necessary, so please check the on-air calendar for up-to-date information.

Broadcast of the selectmen's meeting is a cooperative effort of Channel IV and The Bethel Citizen.

SUNDAY EVENING FEBRUARY 2, 1997										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Viper		NHL Hockey: Boston Bruins at New York Rangers						Babylon 5	
(5)	Movie: "The Women of Brewster Place" Cont'd				Movie: "Ransom for a Dead Man"				Remington Steele	
(6)	Dateline		3rd Rock		Movie: "The Client"				News	Outer Limits
(8)	Videos	Videos	NFL Football: Pro Bowl						News	Paid Prog.
(10)	National Geographic		Nature		Movie: "Breaking the Code"			Movie: "Isadora"		
(11)	Sportsctr.	NFL	NHL Hockey: Colorado Avalanche at Mighty Ducks of Anaheim						Sportscenter	
(12)	Drag Racing: NHRA		Back Road	Bill Dance	Go Fish!	Raceday	Mechanic	Trucks	Road	
(13)	60 Minutes		Touched by an Angel		Movie: "Breach of Faith: Family of Cops II"				News	
(14)	NBA Basketball: Vancouver Grizzlies at Boston Celtics				ABL Basketball: Glory at Blizzard				Hoops USA	NBA Action
(15)	"Last of the Dogmen"		Movie: "Unlawful Entry"						Bette Midler -- Diva Las Vegas	
(17)	Movie: "Tom and Huck"			Inside Out	Avonlea				Movie: "Guys and Dolls"	
(18)	Movie: "Clueless" Cont'd		Movie: "One Man's Justice"				Movie: "Disclosure"			
(20)	Skiing	Skiing	Fox Chase	Snowboard	Luge	Ski Stories	FOX Sports News		FOX Sports News	
(21)	"People Like Us" Cont'd		Movie: "Fatal Friendship"					Intimate Portrait	One West Walkie	
(22)	National Geographic Explorer				Movie: "Jaws"				Nat'l. Geo.	
(24)	My Brother	Monsters	Wubbulous	Nick News	Happy D	Munsters	Odd Couple	Taxi	Van Dyke	Newhart
(25)	Gun-Cwrd	Attractions	Movie: "No Time for Sergeants"						Movie: "Elephant Walk"	
(26)	Claude	Weird Sci.	Pacific Blue		Silk Stalkings				Big Easy	Silk Stalkings
(27)	Ancient Mysteries		Great Escapes of World War II						America's Castles	Best of Comic Relief
(32)	Sign-Off Cont'd									
(34)	Brotherly	Nick Freno	Parent	Harvey	Unhappily	Unhappily	News	Replay	Night Court	Sinbad
(39)	Capital	Crossfire	Prime News	Sports Illus.	CNN Presents		World Today		Sports Illus.	NBA Wk.

MONDAY EVENING FEBRUARY 3, 1997										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	NBA Basketball: Boston Celtics at Toronto Raptors				Mad-You		News	Martin	Mad-You	Real TV
(5)	Waltons		Highway to Heaven		Rescue 911		700 Club		Carson	Carson
(6)	Home Imp.	Seinfeld	Foxworthy	Mr. Rhodes			"Into the Arms of Danger, A Moment of Truth Movie"		News	
(8)	Fortune	Jeopardy!			Movie: "Clear and Present Danger"				News	
(10)	News-Lehrer		True North	Eyewitness	Going Places			American Experience	Manor Born	Red Green
(11)	Sportsctr.	College Basketball: Georgetown at Connecticut			College Basketball: Texas Tech at Texas				Sportsctr.	
(12)	Dukes of Hazzard		Today's Country		Prime Time Country		CMT Presents-Concerts		Dallas	
(13)	Ent. Tonight	Edition	Cosby	Ink	Murphy	Cybill			Chicago Hope	News
(14)	Golf: Heineken Classic -- Final Round								Women's College Basketball: Florida at Arkansas	
(15)	Amazing	Testament	Movie: "Sense and Sensibility"						Movie: "Eye for an Eye"	
(17)	Movie: "Nightjohn"				Boyz II Men: Going Home				Movie: "She Stood Alone"	
(18)	"Iron Eagle IV" Cont'd		Movie: "Bad Boys"						Movie: "Skyscraper"	
(20)	Front Row	Boxing: Louis Del Valle vs. Michael Nunn			Front Row				FOX Sports News	FOX Sports News
(21)	Designing	Designing	Unsolved Mysteries		Movie: "Murderous Intent"					Intimate Portrait
(22)	Videos	Videos	Movie: "Internal Affairs"						Movie: "Shattered"	
(24)	Doug	Rugrats	Hey Arnold!	Happy D	I Love Lucy	Munsters	M.T. Moore	Rhoda	Taxi	Odd Couple
(25)	Lives-Lancer		Movie: "Carmen Jones"						Movie: "The Great Impostor"	
(26)	Highlander: The Series		WWF Monday Night Raw	Renoegade			La Femme Nikita		Silk Stalkings	
(27)	Equalizer		Biography		Poirot		Miss Marple		Law & Order	
(32)	Sign-Off Cont'd									
(34)	Fam. Mat.	Bzzzl		7th Heaven		Savannah			News	Wiseguy
(39)	Moneyline	Crossfire	Prime News	Politics	Larry King Live		World Today		Sports Illus.	Moneyline

TUESDAY EVENING FEBRUARY 4, 1997										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
(3)	Seinfeld	Mad-You	Moesha	Homeboys	Burning Zone		News	Martin	Mad-You	Real TV
(5)	Wallons		Highway to Heaven		Rescue 911		700 Club		Carson	Carson
(6)	Home Imp.	Seinfeld	Mad-You	Something	Slate of Union		Dateline		News	
(8)	Fortune	Jeopardy!	Roseanne	Life's Work	State of Union		NYPD Blue		News	
(10)	News-Lehrer		Nova		Frontline				To the Manor Born	
(11)	Sportsctr.	College Basketball: Indiana at Iowa				College Basketball: Kentucky at South Carolina				Sportsctr.
(12)	Dukes of Hazzard		Country Music		Prime Time Country		Ralph Emery With Lorrie		Dallas	
(13)	Ent. Tonight	Edition	Promised Land		Slate of the Union Address				News	
(14)	Jim O'Brien	NBA at 50	College Basketball: West Virginia at Villanova				ABL Basketball: Glory at Blizzard			
(15)	"She's Having a Baby"		Movie: "Executive Decision"				Rosewood	Movie: "Hard Evidence"		
(17)	DuckTales: Movie		Top Cat and the Beverly Hills Cats				Movie: "The Liberators"			
(18)	"Forever Young" Cont'd		Movie: "Widow's Kiss"				Movie: "Once Were Warriors"			
(20)	Front Row	NHL Hockey:	Ottawa Senators at Boston Bruins					Sports	FOX Sports News	
(21)	Designing	Designing	Unsolved Mysteries		Movie: "Babyfaces"				Living	Mysteries
(22)	Videos	Videos	Movie: "The Exorcist"					Movie: "Exorcist II: The Heretic"		
(24)	Doug	Rugrats	Alex Mack	Happy D	I Love Lucy	Munsters	M.T. Moore	Rhoda	Taxi	Odd Couple
(25)	"The Outsider" Cont'd		Movie: "Ti & Great White Hope"					Movie: "Along the Great Divide"		Great White
(26)	Highlander: The Series		Murder, She Wrote		Movie: "Buried Alive II"				Silk Stalkings	
(27)	Equalizer		Biography		Touch of Frost				Law & Order	
(32)	Sign-Off Cont'd									
(34)	Fam. Mat.	Bzzzl	Movie: "The Two Jakes"					Night Court	Wiseguy	
(30)	Manneing	Crossfire	Prime News	Politics	Larry King Live		World Today	Santa Ana	Moneyline	



ON TRACK-In recent cross-country ski competition, Teletar's Liza Fyrberg (left) starts a five-kilometer classical race, while elsewhere Gould's Lindsey Molynoux skates her way to a first-place finish.

The Bethel Citizen:
For complete local sports coverage

Your Guide to Area Services

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To Advertise in the Service Directory Call Maureen Ginther at 824-2444 by Noon on Fridays

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Jackson-Silver Auxiliary

by OLIVE RISKO

The meeting of Jan. 16 was canceled because of forecasts of bad traveling weather.

The most recent activities of the Unit have been the serving of refreshments on Bingo nights and when there have been dances.

On the day before New Year's, four Junior members: Candice Ward, Tia Sprague, Jamie Johnson and Martha Grover, along with Unit President Martha Stowell and Junior Advisor Evanna Davis, traveled to the Maine Veterans Home in South Paris to have a New Year's Eve party with the residents. First, they joined the Buckfield Legion Auxiliary ladies who were giving the monthly birthday party and helped serve refreshments. They then gave out hats and noise makers to about 19 residents who attended, played Maine Trivia and had a great time before assisting the residents back to their rooms.

Early next month there will be an observance of Four Chaplains Sunday at which time the Christmas lights at the Legion Hall in Locke Mills will be turned off.

The sale of the lights was a big success and a sum of \$511 was realized. The Unit purchased bulbs in memory of Past Unit Presidents: Basha Ackley, Bertha Austin, Rosalia Bachelder, Evelyn Barrett, Cora Bennett, Georgia Brooks, Myrtle Clifford, Jennie Currier, Grace Emery, Rena Howe, Clara Jackson, Edith Jackson, Marion Jordan, Sylvia Judkins, Annie Kimball, Celia Lamb, Edith Littlefield, Bertha Mason, Idella Morgan, Addie Noyes, Noreen Russo, Iola Marshall Tibbetts, Mildred Cummings Tyler, and in honor of Past Unit Presidents: Juanita Allen, Elizabeth Bailey, Kathy Jean Bartlett, Ann Bickford, Vera Cross, Fannie Cummings, Lois Day, Leah Deegan, Sylvia Dunham, Joyce Hathaway, Cathryn Lovejoy, Mary Lyon, Kathleen McAllister, Beverly Melville, Carmen Bartlett Nadeau, Margaret Sciotte, Cathy Bickford Smith, Grace Smith, Margery Swan, Nellie Swan and Martha Stowell, the current president. Also purchased were bulbs in memory of Past Post Commanders: M. Parker Allen, Charles Andrews, Joseph Barrett, Frank S. Bean, Lester Bickford, Charles Clifford, Earl Colby, C. Everett Cross, Alanson Cummings, Hermon H. Cummings Sr., Edward Dorian, Lester Hathaway, George Hudson, Silas E. Keniston, Conrad Lamb, Raynor L. Littlefield, Harold Marshall, Charles B. Mason, Fred G. Mason, Roy M. Morgan, Floyd Redman, Levi Smith, Warren G. Smith, Carl Swanson, Lester Tebbets, and Frank York; and in honor of Richard Andrews, George Bachelder, Andrew Bartlett, Eldon Bartlett, Hermon H. Cummings

Jr., Leroy Day, Leland Dunham, Stanley Farrar, Raymond Hakala, Ellsworth Hathaway, John E. Howe, J. Richard Littlefield, Cleveland Lovejoy, Herbert H. Lyon, Richard Melville, Earl Merrill, Francis Palmer, Albert Raymond, Brian Strickland, Edley Strickland, Harry Z. Swan, Kenneth Swan, Raymond Swan, Raymond N. Tripp Jr., and Present Commander Earl L. Tyler. Bulbs were also purchased in memory of Harold Jackson and William Silver, for whom the Post was named; and in honor of those listed as MIA John Brooks and Carl Churchill and former POWs John Grant and Roland Lord.

Other bulbs purchased were by Department President Heather Beasley in memory of Harold Buse Ballard and Howard Albert Beasley; by Department Commander Kenneth Sercher in memory of John Brooks and Carl Churchill; by Leah Deegan in memory of James A. Spinney, Charles H. Soule, Margaretta Spinney and Maude Danforth; by Vera Cross in memory of Gladys Jordan, C. Everett Cross and Mable Dunham; by B.J. Tripp in memory of Raymond Tripp Sr. and Josephine Tripp; by Sylvia Dunham in memory of Clayton Ring, Vivian O'Yea Fantone and Rowena Dunham; by Evanna Davis in memory of Lawrence B. Tyler and in honor of Daniel Davis, Earl Tyler, James Johnson, James Davis and Randall Aubrey; by Marion Morey in memory of Lloyd Morey and in honor of Ivan Morey and Donald Morey; by Mary Lyon in memory of Karl Briggs, Fred Briggs, and Arthur Farrar and in honor of Herb Lyon, Arthur Briggs, George Lyon and George Morris; by Jean DiArenzo in memory of Pat DiArenzo, James W. Dunn, M.D., Leland M. Corliss, M.D., Agnes Thurston, R.N., and Dale Thurston and in honor of Bruce DiArenzo; by Fannie Cummings in memory of Alanson Cummings and in honor of Cleveland Lovejoy, Alfred Lovejoy, Rev. John Grant and Rev. Roland Lord; by Olive Risko in memory of Rena Howe, Michael Risko, Leslie Howe, Gerald Poland and John Brooks, and in honor of John E. Howe, Michael A. Risko, Robert Farrington, Irene Cerra and Meredith Parker; by Rodney Hanscom in memory of Walter Newell; by Kathleen McAllister in memory of Russell McAllister, Julian Cushing, Ralph Leighton, Nolan Martin, Kenneth Saunders, Jay Cox, Michael Cox, Alexander P. Clark and Sandra McAllister and in honor of Peter C. Cox and Charles McAllister; by Martha J. Stowell in memory of George P. Stowell Sr., W. Rodney Swift, Ronald Smiley, Raynor Littlefield, Lawrence B. Tyler, Edith Littlefield, and in honor of Earl Tyler, George P. Stowell III, Ryan R. Stowell, Jonathan H. Stowell, Andrew Stowell and Brian Stowell; by

Ada Cummings in memory of Hermon H. Cummings, Mildred Tyler, Ada G. Balentine, Lynwood Balentine, Larry Cummings, Theodore Cummings, Vincent Chapman and John Swick; by Irene Redman in honor of Samuel Redman; by Irene and Samuel Redman in memory of Floyd A. Redman and in honor of Thomas Redman, Howard A. Smith and Homer C. Smith; by Judy Barker in memory of Leroy Barker and John H. Currier, and in honor of Bradley Barker; by Virginia Hutchins in memory of Lt. Charles Smith and Gig Smith; by Betty Blake in memory of Cecil Abbott and Charles Mason and in honor of Avery Angevine and Ernest Angevine; by Joy Sumner in memory of George Emmons; by Sandy Pond in memory of Bernard W. Garrow; by Edith Morey in memory of Silas Kennison and Raynor Littlefield; by Ruth Cummings in memory of Irving (Blackie) Cummings; by Nick Clements in memory of Neil McKillop, Chester Hopkins, Leon Poland, Stuart Thurlow and Dr. Thomas Nangle; by Grace Smith in memory of Warren Smith and Guy Smith; by Marion Soule in memory of Charles H. Soule and Alan Soule; by Mary Cobb in memory of Ruby Emery and Horace Cobb and in honor of James Cobb, Lewellyn Cobb and Walter Emery; by Mary Dooen in memory of Ruth Wilkinson and Andrew Witter and in honor of Gayland Dooen; by Kenneth and Barbara Wakefield in memory of Harry Swan Sr. and Marion Swan; by Earl Tyler in memory of Lawrence B. Tyler, Harris Tyler and Edgar Rainey; by Betty Moore in memory of Sam Moore; by Beatrice Schneider in memory of Erreil Schneider; by "Honey" Bailey in memory of "Tater" Young and Lill Young; by Esther Famum in memory of Edith Littlefield and Raynor Littlefield; by "Chick" Fitzmorris in memory of Bunny Fitzmorris and Cecile Fitzmorris; by Cindy Cox in memory of Louise Coolidge; by Shirley Lowell in memory of Leslie Bates and in honor of Robert Bates and Michael Bates; by Bea Lowell in memory of Danny and Iola Forbes and in honor of Frank Lowell Sr.; by George Gibbs in memory of Truth Gibbs, James Gibbs and Ethel Gibbs; by Roland Lord in memory of Harold Jackson and Alanson Cummings; by Charlene Haines in memory of John Marshall.

Much thanks to all those who purchased bulbs and to Evanna Davis who did the purchasing and wrapping of the many gifts.

Before the next meeting Evanna Davis and Olive Risko, with Junior members Jaime Grover and Jamie Johnson, will have attended the Mid-Winter Conference of the American Legion and Auxiliary at Calais and will report on this at that time.

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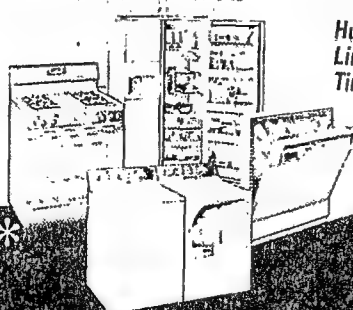
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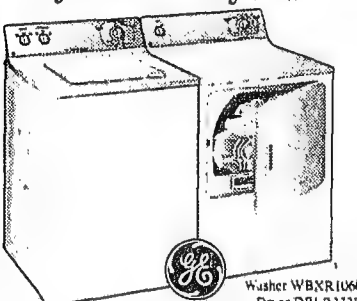


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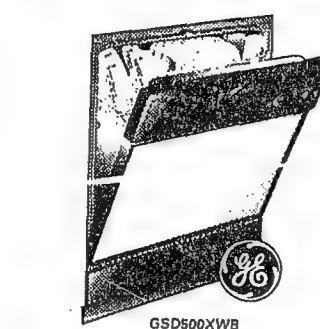
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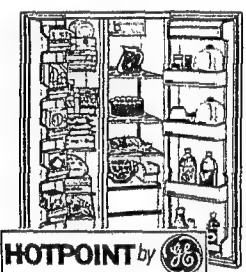
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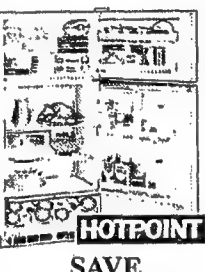
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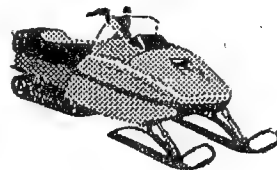


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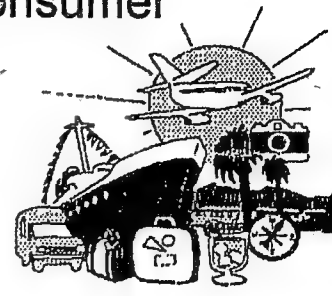
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E.O.E.

DEADLINE: February 5, 1997

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M.S.A.D. #44
284 Walkers Mills Road
Bethel, ME. 04217
DEADLINE: February 5, 1997
E.O.E.

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Vacancy Notice
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OVEREATERS - ANONYMOUS. Bethel Area Health Center, Saturday 9:30 - 10:30 a.m. For information call 824-6683 or 824-2945.
TOPS (Take Off Pounds Sensibly). Wed. 5:45-7 pm, Telstar Cafeteria.
S.H.A.R.E., a support group for parents who have suffered an infant loss, stillborn birth or miscarriage. Stephens Memorial Hospital, first Thursday of each month, 7 pm. For information, call 824-2913.
Bethel Freedom Group AA, which meets at Bethel Fire Station. Sunday 6-7:30, CBB; Tuesday 7-8:00 OD; O-Literature; Friday 7:30-9C 12x12.
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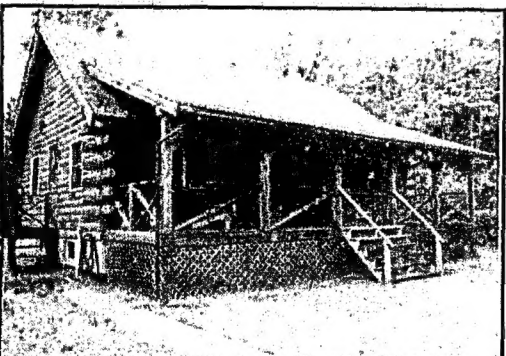
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Bogg Rd., Gilad - 3 bdrm, 2.5 ba., 2 car garage, beautiful red oak floors, 3,000+ sq-ft. ranch, spectacular views on 4+ ac. An unbelievable buy at only \$149,000!



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The "Cheers" Bar of Bethel! - Great business opportunity to own and operate a Bethel legend! Fully equipped and ready to operate! Only \$279,000!



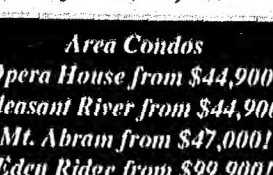
Spectacular Paradise Rd - one of Bethel's finest homes, 4 bdrm, 2+ ba., 4,000+ sq.ft., great views and more! - A lot of terrific house for only \$299,900!



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Songo Pond waterfront - Very nice 3 bdrm, just feet from water! Year round home, one acre with great frontage! Private yet minutes to Bethel. A rare find at \$139,000!



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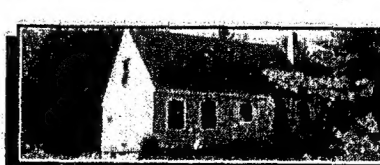
NEW LISTING
3-4 bedroom Cape with winter views of the mountains and Umbagog Lake. Fireplace, deck, 2 car garage situated on 7.5+/- acres of land in the Village of Upton. A great opportunity at \$95,000



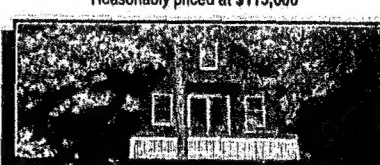
NEW ENGLAND FARMHOUSE
New Listing, 3 bedroom, 1.5 bath farmhouse located in the quiet Village of Andover. Spacious interior and an easy to maintain yard. A great home for a growing family. Reasonably priced at \$65,000



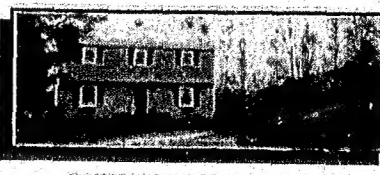
FOUR BEDROOM CAPE
1830 Cape attractively situated on 2.4+/- acres just a short distance from the Village. Separate harness shop that has been converted into a rental unit. Large pool and beam barn, garages. \$225,000



GREAT FAMILY OR VACATION HOME
Newly constructed 4 bedroom, 2 bath cape located on an attractive corner lot in a nice residential area. A great family home or an easy to maintain vacation home. Reasonably priced at \$115,000



GREAT YEAR ROUND OR VACATION HOME
Very nice 2 bedroom home situated on a corner lot near Mt. Abram Ski Resort. Newly renovated and attractively designed. Energy efficient and ready to go! \$79,000



COMFORTABLE FAMILY HOME
Well maintained 2-3 bedroom home just a short drive from the Village. Beautiful pine floors, expansive brick hearth, decks and extensive perennial gardens. A must see at \$119,000



PARADISE ROAD
Enjoy the beautiful mountain views from this 5 bedroom home conveniently located just outside the Village of Bethel. Expansive deck and 2 car attached garage. Nice private lot. \$149,000



NEWLY BUILT HOME
Very attractive 4 bedroom, 2.5 bath home privately situated on 4+/- acres of land with mountain views. Stone fireplace, maple kitchen cabinets, wrap around deck, tile and priced to sell at \$149,900



CHARMING FARM - FORMER B&B
Warm N.E. farmhouse situated on 16+/- acres of fields with river frontage. Formerly operated as a B&B with lots of charm and personality. 16 miles to Sunday River \$165,000



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CONDOMINIUMS
Eden Ridge: Attractive townhouses located off Paradise Road. 2 bdrms, 2 baths, tile flooring, fireplace, and attached garage. Unit #5 \$69,900
End Unit #F - \$94,900
Carnegie House: Located in the Center of Bethel Village, this restored 1920's townhouse offers the convenience of town living in a peaceful neighborhood. Uniquely designed and unit. Unit #S-\$299,000
Bethel Opera House: On the Common in Bethel Village. Lot bdrm, unit located just off the Common in a walking distance to town amenities. Furnished. Unit #22 \$45,500
Brookside: Bi-level 2 bdrm, located in the Village of Sunday River. Amenities include: tile, oak, maple, wrap around deck, pool.
Unit A-115 ground level, 1 bdrm, \$59,000
Unit B-005 Top Floor, 2 bdrms, \$84,900
Sunrise: Bi-level condo located in the Village of Sunday River. Sleeps up to 6. Common room with fireplace, indoor pool, sauna & hot tub \$46,000
Pleasant River Farm: 4 bdrm, two-car garage, located in W. Bethel. Ski resorts, canoeing & hiking nearby. In-ground pool. Strong rental history. An affordable alternative to renting. Unit #S \$39,900

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Obituaries

GENIE L. LINSKOTT

Genie Louise Saunders Linscott was born Aug. 15, 1906, in Hanover, the daughter of Cheslie and Addie (Horn) Saunders. She was educated at Gould Academy and was a graduate of the University of Maine at Farmington. Following graduation, she taught the fourth grade in Maine schools for eight years. She was confirmed in Lawrence, Mass., and attended the Philadelphia Episcopal Training School for Women. She was also the diocesan director of religious education for Maine from 1937 to 1945.

On June 1, 1945, she married the Rev. Burton L. Linscott and they moved to Kealakakua, Hawaii, where they served at Christ Church until 1950. Their children, John and Betty, were born there: John on May 25, 1946, and Betty on Nov. 15, 1947. In 1949, Mrs. Linscott attended the University of Hawaii Teachers College.

The Linscotts moved to Honolulu in 1950 and came to the Church of the Epiphany. Mrs. Linscott taught the fourth grade at Epiphany School from 1951 to 1969. She was also director of the Epiphany Sunday School from 1951 until 1978, as well as being active in various diocesan programs and becoming an associate of the Community of Transfiguration.

Mrs. Linscott passed away Jan. 8, 1997. She was greatly loved and will be sadly missed.

JEANNETTE M. PERRY

Jeannette Marie Perry, 75, of Rumford, died Sunday, Jan. 26, 1997, at her home on Spruce Street. She was born in Rumford on Oct. 2, 1921, the daughter of Docithe and Delina Boissonneault Theriault and was educated in local schools graduating from Stephens High School in the class of 1939.

She was a communicant of St. Athanasius-St. John Church and was a member of the Ladies of St. Anne. She had worked at the First National Store in Rumford and for Bass Shoe Company.

She was an avid reader and enjoyed puzzles, knitting and the body recall exercise group.

The widow of Raymond E. Perry, she is survived by a son, Donald of Rumford; two daughters and sons-in-law, Jeanne and John Emond of Scarborough and Patricia and Lester Richardson of East Dover; three brothers, Albert, Harry and Philip Theriault, all of Rumford.

She was predeceased by five brothers, Edward, Arthur, Noel, Omer and Dewey Theriault; two sisters, Rose Fournier and Ora Eastman.

Funeral services will be held Wednesday, Jan. 29, at 2 p.m. from

St. Athanasius-St. John Church, Rumford. Should friends desire, donations may be made to the St. Athanasius-St. John Renovation Fund, 126 Maine Avenue, Rumford, ME 04276.

RICHARD PERKINS

Richard Perkins, 93, of Norway and Redington Beach, Fla., died Sunday, Jan. 26, 1997, at Stephens Memorial Hospital.

He was born in North Waterford on Oct. 12, 1903, the son of Winfield and Alice Brown Perkins.

He attended Waterford schools and was a graduate of Norway High School in 1922.

He retired in 1967 as vice president of the former Norway National Bank but continued as a director until 1973. He was associated with P.H. Chadbourne & Co., Bethel, for over 19 years.

Mr. Perkins was a member of Oxford Lodge 16, and the I.O.O.F. and a former trustee of the Second Congregational Church of Norway for over 50 years.

He had lived in Redington Beach, Fla., winters, and summered in the Norway area.

Funeral services will be held at 2 p.m. on Thursday, Jan. 30, at the Raymond/Weston-Chandler Funeral Home, Norway. Interment will be in the Chocoma Village Cemetery in Tamworth, N.H., in the spring. There will be no visiting hours. Donations in Mr. Perkins' memory may be sent to the North Waterford Church, c/o Janice Wilcox, East Stoneham, ME 04231.

THOUGHTS FROM THE Pastor's Study

The Bethel Area Clergy Association, with the help of pastors of surrounding churches, brings you these meditations. Not based on any set theme, they will be individual for each pastor. It is hoped you will find in these words comfort and hope for your daily life.

"Blessed is the man who perseveres under trial, because when he has stood the test, he will receive the crown of life that God has promised to those who love him." James 1:12

The Bible is the Christian's charter, and therefore the only source from which we may rightly draw our conclusions concerning God's love for us. It would be incorrect for the Christian to develop his or her view of God's love through the observation of circumstances, trials, or feelings.

It is the person who perseveres, or stands up, under a trial who is blessed of God. Even though that person suffers much, it may not be said that he or she has had to endure anything. But, the one who patiently endures the difficulties and afflictions of this life will be truly blessed.

Rather than taking away the joy of the person who intimately knows God, afflictions should actually tend to increase it. No trial needs to make us miserable, since God designed them to make us comfortable. That's why the scripture reads, "Blessed is the man."

And Christians who have successfully persevered are also sure to be crowned ones. For when Christians are approved, when their graces are

found to be genuine, when their integrity is manifested, when they have been refined as metals in the fire and had all their impurities burned away, they shall receive the crown of life. Those who bear the cross in life, shall wear the crown in eternity. This future blessedness is a thing promised to all believers who persevere, and may therefore be safely depended upon, because we are assured that God has promised it.

In order to sustain the character to whom this promised crown shall be given, we must endure trials from a principle of love to God. Whatever we may suffer, or do, if it arises not from a sincere love to God and man, it will never be pleasing to God. Always remember that trials or temptations need never harm us, because they are designed to improve us.

And the Lord knows how to deliver the godly out of a trial.

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Births

Keith Wight and Cindi Baker of Friday Harbor, Wash., are pleased to announce the birth of Molly Anderson Wight on Dec. 18, 1996, at Skagit Valley Hospital, Mount Vernon, Wash., weighing 9 pounds, 5 ounces.

Maternal grandparents are Bruce and Nancy Baker, LeRoy, N.Y. Paternal grandparents are Steve and Peggy Wight of Bethel.

Great-grandparents are John Kubach and Ruth Wight, both of Bethel.

Molly joins brother Joshua, 2.

Michael and Lisa Jordan of Augusta are pleased to announce the arrival of their son, Brandon Michel, born Dec. 24, 1996, at Kennebec Valley Hospital in Augusta.

Maternal grandparents are Charles and Marilyn Howe of Oxford.

Paternal grandparents are Harvey and Debbie Jordan of Waltham.

Maternal great-grandparents are Herbert and Rowena Dunham of Greenwood and Joseph Hebert of Togus.

Paternal great-grandparents are Edward and Louise Joy and Harvey and Lucille Jordan, all of Waltham.

Timothy and Stacey Wheeler of Bethel are pleased to announce the arrival of a baby boy, Gregory Michael, born on Jan. 7, 1997, at Stephens Memorial Hospital, weighing 8 pounds, 4 ounces.

Maternal grandparents are Walter and Rhonda Mitchell of West Bethel.

Paternal grandparents are Marilyn Wheeler of West Bethel and the late Roger Wheeler.

Gregory joins sisters Haunna, 4, and Rachael, 2.

Chris Mason and Gail Paine of South Paris are pleased to announce the arrival of a baby boy, Matthew Charles Mason, born Jan. 23, 1997, at Stephens Memorial Hospital, weighing 8 pounds, 11 ounces.

Maternal grandparents are Celia Paine and Gordon Paine of South Paris.

Paternal grandparents are Evelyn and Bill Mason of South Paris.

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COMMUNITY CALENDAR

To submit events for the Community Calendar, you may bring in your copy to The Bethel Citizen or call the office at 824-2444, by noon on Mondays.

WE TURN NEEDY KIDS INTO HAPPY CAMPERS.

Last year over 108,566 underprivileged kids participated in The Salvation Army's Summer Camp programs. To many this was the highlight of their summer. To us it's just one of the many ways we help. Please share the love. Continue to support us so we can keep putting smiles on more kids' faces.

THE SALVATION ARMY
SHARING IS CARING.

Walking with Jesus Christ

Ever wonder about weather problems in our good old U.S.A.? Storms of such violence, snow, rain, floods costing millions of dollars, homes demolished, lives lost. Well, the news media says, "Mother Nature," while mythical Santa Claus says: "Ho, ho, ho!"

Dear ones, it is the wrath and anger of God who controls all weather as He demonstrated in the flood of the entire earth during Noah's time, Genesis chapter six. "God saw how corrupt the people had become."

Sodom and Gomorrah, Genesis 19, the place of wickedness, homosexuality, male prostitution and such sin that God rained down burning sulfur. When Abraham looked toward Sodom all he saw was dense smoke rising from the land, like smoke from a furnace.

The book of Exodus speaks of God sending plagues of frogs, flies, hail, and even sickness of livestock. Is this today the English cow syndrome also?

Look at Psalm 18, "hailstones, great bolts of lightning. The Lord thundered from Heaven." Nahum: "The Lord is a jealous God, taking vengeance and is filled with wrath against wickedness." Romans 12:19 - "It is Mine to avenge." Hebrews 10:31 - "It is a dreadful thing to fall into the hands of the living God!"

Why these calamities striking us? Because we have turned our backs on God! Our nation is rampant with sin—Christians have lost their saltiness (Matthew 5:13) and we are no longer the light of the world. 1 John 1:7

The United States Supreme Court has outlawed Bible and prayer in our public schools. The Court has legalized abortion by professional killers. President Clinton (for whom we pray to come to Christ) approved partial birth abortions. Many corporations embrace and encourage homosexuality. And now the High Court is considering euthanasia, killing of people, and same sex marriages.

No wonder the wrath of God is upon the U.S.A.!

Revelation 7:7 "Look, He is coming in clouds of glory!" Revelation, last chapter, 22:20—"Amen, come, Lord Jesus."

Read Isaiah 58.

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Bring in or mail it to The Bethel Citizen, along with the proper payment. Be sure to include names as part of the message.

The Bethel Citizen
19 Main Street • PO Box 109 • Bethel, ME 04217 • 824-2444

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